



PATENTS ONLY

meb 4-22-99

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To the Honorable Commissioner of Patents and Trademarks: Please record the attached original documents or copy thereof.

1. Name of conveying party(ies):
William T. Dalebout
Patrick J. Hald
Rodney Hammer

Additional names(s) of conveying party(ies) Yes No

2. Name and address of receiving party(ies):

Name: Icon Health & Fitness, Inc.

Internal Address: _____

Street Address: 1500 South 1000 West

City: Logan State: UT ZIP: 84321

Additional name(s) & address(es) Yes No

3. Nature of conveyance:

Assignment Merger

Security Agreement Change of Name

Other _____


Execution Date: April 15, 1999

4. Application number(s) or registration numbers(s):

If this document is being filed together with a new application, the execution date of the application is: 4/15/99

A. Patent Application No.(s) 09/247,160

B. Patent No.(s) 05-10-1999



101033080

Additional numbers Yes No

5. Name and address of party to whom correspondence concerning document should be mailed:

Name: Jonathan W. Richards

Internal Address: _____

04/22/1999 EVORACHA 00000109 09247160

01 FC:581 40.00 OP

Street Address: Workman, Nydegger & Seeley

60 E. South Temple, Suite 1000

City: Salt Lake City State: UT ZIP: 84111

6. Total number of applications and patents involved: 1

7. Total fee (37 CFR 3.41):.....\$ 40.00

Enclosed

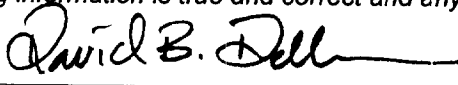
Authorized to be charged to deposit account

8. Deposit account number: _____

(Attach duplicate copy of this page if paying by deposit account)

DO NOT USE THIS SPACE

9. Statement and signature.
To the best of my knowledge and belief, the foregoing information is true and correct and any attached copy is a true copy of the original document.

David B. Dellenbach  April 19, 1999

Name of Person Signing Signature 5 Date

Total number of pages including cover sheet, attachments, and

WORKMAN, NYDEGGER & SEELEY
1000 Eagle Gate Tower
60 East South Temple
Salt Lake City, Utah 84111

ASSIGNMENT

We, William T. Dalebout, Patrick J. Hald and Rodney Hammer, of 1770 East 1730 North, Logan, Utah 84321, 1521 9th Street, Los Osos, California 93402, and 381 North Main, Lewiston, Utah, 84320, respectively, have invented a method and apparatus entitled ADJUSTABLE DUMBBELL AND SYSTEM, hereinafter called the "invention."

Preferred embodiments of said invention are disclosed in a United States patent application executed heretofore and now identified as File No. 13914.336.2 of the law firm of Workman, Nydegger & Seeley, 1000 Eagle Gate Tower, 60 East South Temple, Salt Lake City, Utah 84111, and filed in the United States Patent and Trademark Office as Serial No. 09/247,160 on February 9, 1999, using Express Mail Label No. EL051672907US (we hereby authorize the attorneys of Workman, Nydegger & Seeley to insert said Serial No. when known).

The Assignee, ICON Health and Fitness, Inc, a corporation of the State of Utah, having a principal place of business 1500 South 1000 West, Logan, Utah 84321, desires to secure the entire right, title and interest in said invention.

In consideration of One Dollar (\$1.00) and other good and valuable consideration paid to us by the Assignee, the receipt and sufficiency of which we hereby acknowledge, we HEREBY ASSIGN TO THE ASSIGNEE:

The entire right, title and interest in said invention in the above-identified United States patent application and in all divisions, continuations and continuations-in-part of said application, or reissues or extensions of Letters Patent

or Patents granted thereon, and in all corresponding applications which may be filed in countries foreign to the United States, and in all patents issuing thereon in the United States and foreign countries.

The right to file foreign patent applications on said invention in its own name, wherever such right may be legally exercised, including the right to claim the benefits of the International Convention for such applications.

We hereby authorize and request the United States Commissioner of Patents and Trademarks, and such Patent Office officials in foreign countries as are duly authorized by their patent laws to issue patents, to issue any and all patents on said invention to the Assignee as the owner of the entire interest, for the sole use and behoof of the said Assignee, its successors, assigns and legal representatives.

We hereby agree, without further consideration and without expense to us, to sign all lawful papers and to perform all other lawful acts which the Assignee may request of us to make this Assignment fully effective, including, by way of example but not of limitation, the following:

Prompt execution of all original, divisional, substitute, reissue, and other United States and foreign patent applications on said invention, and all lawful documents requested by the Assignee to further the prosecution of any of such patent applications.

Cooperation to the best of our ability in the execution of all lawful documents, the production of evidence, nullification, reissue, extension, or infringement proceedings involving said invention.

This assignment and agreement shall be binding upon our heirs and legal representatives.

DATED this 24th day of February, 1999.



William T. Dalebout

STATE OF UTAH)
 : ss.
COUNTY OF CACHE)

On February 24, 1999, before me personally appeared William T. Dalebout, known to me to be the person described and who signed the foregoing Assignment in my presence and acknowledged under oath before me that he has read the same and knows the contents thereof and that he executed the same as his free act and deed and for the purposes set forth therein.

Mary Lynn Hathaway
NOTARY PUBLIC
Residing at _____

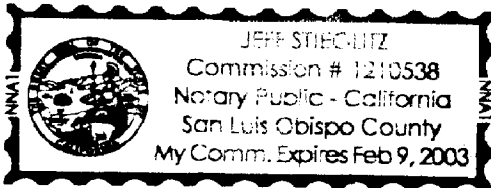
My Commission Expires:

DATED this 15 day of APRIL, 1999.

Patrick J. Hald
Patrick J. Hald

STATE OF CALIFORNIA)
 : ss.
COUNTY OF San Luis Obispo

On April 15, 1999, before me personally appeared Patrick J. Hald, known to me to be the person described and who signed the foregoing Assignment in my presence and acknowledged under oath before me that he has read the same and knows the contents thereof and that he executed the same as his free act and deed and for the purposes set forth therein.



Jeff Stieglitz
NOTARY PUBLIC
Residing at _____

My Commission Expires:
Feb. 9, 2003

DATED this 24th day of February, 1999.

Rodney Hammer
Rodney Hammer

STATE OF UTAH)
 : ss.
COUNTY OF CACHE)

On February 24, 1999, before me personally appeared Rodney Hammer, known to me to be the person described and who signed the foregoing Assignment in my presence and acknowledged under oath before me that he has read the same and knows the contents thereof and that he executed the same as his free act and deed and for the purposes set forth therein.

Mary Lynn Hathaway
NOTARY PUBLIC
Residing at _____

My Commission Expires:

DBD:jbe
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Docket No.: 13914.336.2