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original documents or copy thereof.

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To the Honorable Commissioner of Patents and

Name and address of receiving party(ies):

~~Inholtra Investment & Trading, N.V.~~

INHOLTRA INVESTMENT HOLDINGS & TRADING, N.V.

Name: Irwin Naturals/4Health, Inc.

Internal Address:

Additional name(s) or conveying party(ies) attached? Yes No

3. Nature of conveyance:

- Assignment Merger Security Agreement Change of Name Other

Street Address: 10549 W. Jefferson Boulevard

City: Culver City State: CA ZIP: 90232

Execution Date: March 10, 1999

Additional name(s) & address(es) attached? Yes No

4. Application number(s) or patent number(s):

If this document is being filed together with a new application, the execution date of the application is:

A. Patent Application No.(s)

PCT/US95/16722

09/193,474

B. Patent No.(s)

5,840,715

Additional numbers attached? Yes No

5. Name and address of party to whom correspondence concerning document should be mailed:

Name: Thomas W. Cook

Internal Address: 3030 Bridgeway, Suite 425

Street Address: P.O. Box 1989

City: Sausalito State: CA ZIP: 94965

6. Total number of applications and patents involved: 3

7. Total fee (37 CFR 3.41) \$ 120.00

- Enclosed Authorized to be charged to deposit account

8. Deposit account number:

(Attach duplicate copy of this page if paying by deposit account)

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9. Statement and signature.

To the best of my knowledge and belief, the foregoing information is true and correct and any attached copy is a true copy of the original document.

Thomas W. Cook

Name of Person Signing

Thomas W. Cook

Signature

August 3, 1999

Date

Total number of pages including cover sheet, attachments, and document: 4

Mail documents to be recorded with required cover sheet information to: Commissioner of Patents & Trademarks, Box Assignments Washington, D.C. 20231

For: U.S. Patent No. US 5,840,715
U.S. Patent Serial No. 09/193,474
(Continuation from Serial 952,272)
By: Owner of Record

ASSIGNMENT OF INVENTION

In consideration of the payment by ASSIGNEE to ASSIGNOR of the sum of One Dollar (\$1.00), and for other good and valuable consideration, the receipt of which is hereby acknowledged,

ASSIGNOR:

Name: Inholtra Investment Holdings & Trading, N.V.
Citizenship: Netherlands Antilles
Address: Flemingstraat 4 Oranjestad
Aruba, Netherlands Antilles

does hereby transfer and assign to:

ASSIGNEE:

Irwin Naturals/4Health, Inc.
(Utah corporation)
10549 West Jefferson
Culver City, California 90232
United States of America

and its successors and assigns, all right, title, and interest in and to any and all inventions and improvements which are disclosed in or associated with the invention and patent entitled:

Dietary Regimen of Nutritional Supplements for Relief of Symptoms of Arthritis
Name of Inventor: Vito V. Florio

and which is found in (37 C.F.R. § 3.21)

U.S. Patent No. 5,840,715
Issued November 24, 1998

U.S. Patent Application Serial 09/193,474
Continuation from Serial 952,272
Filed November 18, 1998

including all rights to claim priority, and any legal equivalent thereof, and in and to all Letters Patent to be obtained for such invention, and applications thereof, together with all rights to any continuation, division, renewal, substitute, or reissue of such patent or application, throughout the world, for the full term of any right to patent that is or may be granted throughout the world.

For: U.S. Patent No. US 5,840,715
U.S. Patent Serial No. 09/193,474
(Continuation from Serial 952,272)



ASSIGNOR hereby covenants that no assignment, sale, agreement or encumbrance has been or will be made or entered into which would conflict with this assignment.


ASSIGNOR further covenants that Assignee will, upon its request, be provided promptly with all pertinent facts and documents relating to such invention and such Letters Patent and legal equivalents as may be known and accessible to ASSIGNOR, and will testify as to the same in any interference, litigation or proceeding related thereto, and will promptly execute and deliver to Assignee or its legal representatives any and all papers, instruments or affidavits required to apply for, obtain, maintain, issue and enforce such application, such invention and such Letters Patent, and equivalents thereof, which may be necessary or desirable to carry out the purposes thereof.

IN WITNESS WHEREOF, ASSIGNOR has executed this instrument, and this instrument shall be effective on the

10th day of March 1999.

ASSIGNOR:

Inholtra Investment Holdings & Trading, N.V.

By:  _____
(name)
(position)

ACKNOWLEDGEMENT

United States of America)
State of _____) SS
County of _____)

On the _____ th day of _____, 1999 before me the undersigned, a Notary Public for the State of _____, personally appeared _____, personally known to me (or proved to me on the basis of satisfactory evidence) to be the person(s) whose name(s) is/are subscribed to the within instrument and acknowledged to me that he/she/they executed the same in his/her/their capacity(ies), and that by his/her/their signature(s) on the instrument the person(s), or the entity upon behalf of which the person(s) acted, executed the instrument.

[seal]

Notary Public

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TESTIMONIO DE LEGITIMACION DE FIRMA : DON MIGUEL GINEP ALBALADEL, Notario del Ilustre Colegio de Valencia con residencia en Denia; DOY FE: que la firma que antecede de DON HERN JAN VAN ASSELT, con pasaporte número NI1238243, extendida en la página número VEINTICINCO, se encuentra legítima por coincidir con su pasaporte que tengo a la vista. Denia, a diez de marzo de mil novecientos noventa y nueve.



A large, stylized handwritten signature in black ink, appearing to read "Hern Jan Van Asselt".