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To the Honorable Commissioner of Patents and Trademarks: Please record the attached original documents or copy thereof.

1. Name of conveying party(ies):
Darren C. Ashby
Scott R. Watterson
Kirk Lorrigan
5-10-00

Additional names(s) of conveying party(ies) Yes No



2. Name and address of receiving party(ies):
Name: **Icon Health & Fitness, Inc.**
Internal Address: _____
Street Address: **1500 South 1000 West**
City: **Logan** State: **UT** ZIP: **84321**
Additional name(s) & address(es) Yes No

3. Nature of conveyance:
 Assignment Merger
 Security Agreement Change of Name
 Other _____
Execution Date: **March 13, 2000**

4. Application number(s) or registration numbers(s):
If this document is being filed together with a new application, the execution date of the application is: *3/13/2000*
A. Patent Application No.(s)
09/496,560
Additional numbers Yes No

B. Patent No.(s)
 Yes No

5. Name and address of party to whom correspondence concerning document should be mailed:
Name: **David B. Dellenbach**
Internal Address: _____
Street Address: **1000 Eagle Gate Tower**
60 E. South Temple
City: **Salt Lake City** State: **UT** ZIP: **84111**

6. Total number of applications and patents involved: **1**
7. Total fee (37 CFR 3.41):.....\$ **40.00**
 Enclosed
 Authorized to be charged to deposit account
8. Deposit account number:
(Attach duplicate copy of this page if paying by deposit account)

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9. Statement and signature.
To the best of my knowledge and belief, the foregoing information is true and correct and any attached copy is a true copy of the original document.
David B. Dellenbach *[Signature]* **May 10th, 2000**
Name of Person Signing Signature Date

Total number of pages including cover sheet, attachments, and **6**

WHEN RECORDED RETURN TO:

Workman, Nydegger & Seeley
1000 Eagle Gate Tower
60 East South Temple
Salt Lake City, Utah 84111

PATENT APPLICATION
Docket No: 13914.597
Express Mail Label No. EL400135397US

ASSIGNMENT

We, Darren C. Ashby, Scott R. Watterson and Kirk Lorrigan, of 144 South State, Richmond, Utah 84333; 560 South 1000 East, Logan, Utah 84321; and P.O. Box 371, Millville, Utah 84326, respectively, have invented a method and apparatus entitled SYSTEM AND METHOD FOR SELECTIVE ADJUSTMENT OF EXERCISE APPARATUS hereinafter called the "invention."

Preferred embodiments of said invention are disclosed in a United States patent application heretofore executed by me and now identified as File No. 13914.597 of the law firm of Workman, Nydegger & Seeley, 1000 Eagle Gate Tower, 60 East South Temple, Salt Lake City, Utah 84111, and filed in the United States Patent and Trademark Office as Serial No. 09/496,560 on February 2, 2000.

The Assignee, Icon Health and Fitness, Inc., a corporation of the State of Delaware, having a principal place of business at 1500 South 1000 West, Logan, UT 84321, desires to secure the entire right, title and interest in said invention.

In consideration of One Dollar (\$1.00) and other good and valuable consideration paid to us by the Assignee, the receipt and sufficiency of which we hereby acknowledge, WE HEREBY ASSIGN TO THE ASSIGNEE:

The entire right, title and interest in said invention in the above-identified United States patent application and in all divisions, continuations and continuations-in-part of said application, or reissues or extensions of Letters Patent or Patents granted thereon, and in all corresponding applications filed in countries

foreign to the United States, and in all patents issuing thereon in the United States and foreign countries.

The right to file foreign patent applications on said invention in its own name, wherever such right may be legally exercised, including the right to claim the benefits of the International Convention for such applications.

We hereby authorize and request the United States Commissioner of Patents and Trademarks, and such Patent Office officials in foreign countries as are duly authorized by their patent laws to issue patents, to issue any and all patents on said invention to the Assignee as the owner of the entire interest, for the sole use and behoof of the said Assignee, its successors, assigns and legal representatives.

We hereby agree, without further consideration and without expense to us, to sign all lawful papers and to perform all other lawful acts which the Assignee may request of us to make this Assignment fully effective, including, by way of example but not of limitation, the following:

Prompt execution of all original, divisional, substitute, reissue, and other United States and foreign patent applications on said invention, and all lawful documents requested by the Assignee to further the prosecution of any of such patent applications.

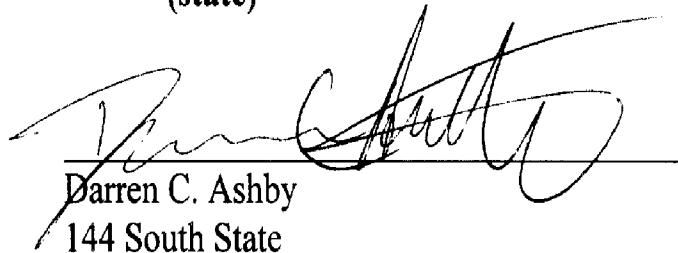
Cooperation to the best of our ability in the execution of all lawful documents, the production of evidence, nullification, reissue, extension, or infringement proceedings involving said invention.

This assignment and agreement shall be binding upon our heirs and legal representatives.

Signed at Logan, Utah this 3rd day of
(city) (state)

March, 2000.

Inventor:



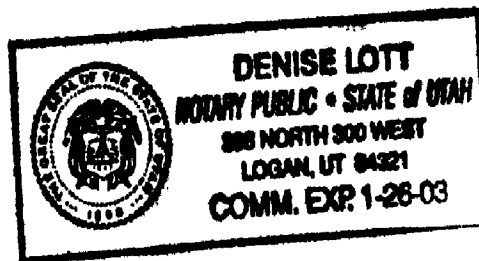
Darren C. Ashby
144 South State
Richmond, Utah 84333

STATE OF Utah)
:SS.
COUNTY OF Cache)

On March 3, 2000, before me personally appeared Darren C. Ashby, known to me to be the person described and who signed the foregoing Assignment in my presence and acknowledged under oath before me that he has read the same and knows the contents thereof and that he executed the same as his free act and deed and for the purposes set forth therein.


NOTARY PUBLIC

Residing at Logan, UT



Signed at Logan, Utah this 13th day of

(city)

(state)

March ____, 2000.

Inventor:

Scott R. Watterson

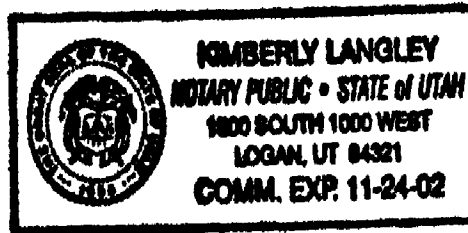
Scott R. Watterson
560 South 1000 East
Richmond, Utah 84333

STATE OF Utah)
COUNTY OF Cache) :SS.

On March 13, 2000, before me personally appeared Scott R. Watterson, known to me to be the person described and who signed the foregoing Assignment in my presence and acknowledged under oath before me that he has read the same and knows the contents thereof and that he executed the same as his free act and deed and for the purposes set forth therein.

Kimberly Langley
NOTARY PUBLIC

Residing at Newton, UT

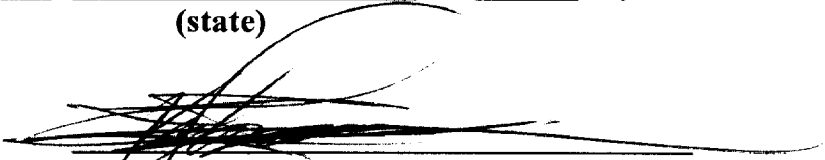


Signed at Logan, Utah this 6th day of

(city)

(state)


March ____, 2000.

Inventor: 

Kirk Lorrigan
P.O. Box 371
Millville, Utah 84326

STATE OF Utah)
~~Cache~~)
:SS.
COUNTY OF Cache)

On March 6, 2000, before me personally appeared Kirk Lorrigan, known to me to be the person described and who signed the foregoing Assignment in my presence and acknowledged under oath before me that he has read the same and knows the contents thereof and that he executed the same as his free act and deed and for the purposes set forth therein.


NOTARY PUBLIC

Residing at Logan, UT

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