

MRS
12/30/98

12-31-1998



100935102

RECORDATION FORM COVER SHEET
TRADEMARKS ONLY

TO: The Commissioner of Patents and Trademarks: Please record the attached original document(s) or copy(ies).

Submission Type

- New
- Resubmission (Non-Recordation)
Document ID #
- Correction of PTO Error
Reel # Frame #
- Corrective Document
Reel # Frame #

Conveyance Type

- Assignment License
 - Security Agreement Nunc Pro Tunc Assignment
 - Merger Change of Name
 - Other
- Effective Date
Month Day Year

Conveying Party

Mark if additional names of conveying parties attached
Execution Date
Month Day Year

Name

Formerly

- Individual General Partnership Limited Partnership Corporation Association
- Other
- Citizenship/State of Incorporation/Organization

Receiving Party

Mark if additional names of receiving parties attached

Name

DBA/AKA/TA

Composed of

Address (line 1)

Address (line 2)

Address (line 3)

- Individual General Partnership Limited Partnership Association
- Corporation Association
- Other
- Citizenship/State of Incorporation/Organization

If document to be recorded is an assignment and the receiving party is not domiciled in the United States, an appointment of a domestic representative should be attached. (Designation must be a separate document from Assignment.)

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COMMERCIAL BRANCH

12/30/1998 DNGUYEN 00000285 2166988

FOR OFFICE USE ONLY

01 FC:481 40.00 OP
02 FC:482 425.00 OP

Public burden reporting for this collection of information is estimated to average approximately 30 minutes per Cover Sheet to be recorded, including time for reviewing the document and gathering the data needed to complete the Cover Sheet. Send comments regarding this burden estimate to the U.S. Patent and Trademark Office, Chief Information Officer, Washington, D.C. 20231 and to the Office of Information and Regulatory Affairs, Office of Management and Budget, Paperwork Reduction Project (0851-0027), Washington, D.C. 20503. See OMB Information Collection Budget Package 0851-0027, Patent and Trademark Assignment Practice. DO NOT SEND REQUESTS TO RECORD ASSIGNMENT DOCUMENTS TO THIS ADDRESS.

Mail documents to be recorded with required cover sheet(s) information to:
Commissioner of Patents and Trademarks, Box Assignments, Washington, D.C. 20231

TRADEMARK
REEL: 1833 FRAME: 0674

Domestic Representative Name and Address

Enter for the first Receiving Party only.

Name

Address (line 1)

Address (line 2)

Address (line 3)

Address (line 4)

Correspondent Name and Address

Area Code and Telephone Number

Name

Address (line 1)

Address (line 2)

Address (line 3)

Address (line 4)

Pages

Enter the total number of pages of the attached conveyance document including any attachments. #

Trademark Application Number(s) or Registration Number(s)

Mark if additional numbers attached

Enter either the Trademark Application Number or the Registration Number (DO NOT ENTER BOTH numbers for the same property).

Trademark Application Number(s)

Registration Number(s)

Number of Properties

Enter the total number of properties involved. #

Fee Amount

Fee Amount for Properties Listed (37 CFR 3.41): \$

Method of Payment:

Enclosed Deposit Account

Deposit Account

(Enter for payment by deposit account or if additional fees can be charged to the account.)

Deposit Account Number: #

Authorization to charge additional fees: Yes No

Statement and Signature

To the best of my knowledge and belief, the foregoing information is true and correct and any attached copy is a true copy of the original document. Charges to deposit account are authorized, as indicated herein.

DEBRA M FEINS

Debra M. Feins

12/29/98

Name of Person Signing

Signature

Date Signed

RECORDATION FORM COVER SHEET

FORM PTO-1618C
Expires 06/30/99
OMB 0651-0027

CONTINUATION - *Wilmington Trust to American Health*
TRADEMARKS ONLY

U.S. Department of Commerce
Patent and Trademark Office
TRADEMARK

Conveying Party

Enter Additional Conveying Party

Mark if additional names of conveying parties attached

Execution Date
Month Day Year

Name

Formerly

Individual General Partnership Limited Partnership Corporation Association

Other

Citizenship State of Incorporation/Organization

Receiving Party

Enter Additional Receiving Party

Mark if additional names of receiving parties attached

Name

DBA/AKA/TA

Composed of

Address (line 1)

Address (line 2)

Address (line 3)
City State/Country Zip Code

Individual General Partnership Limited Partnership

Corporation Association

Other

Citizenship/State of Incorporation/Organization

If document to be recorded is an assignment and the receiving party is not domiciled in the United States, an appointment of a domestic representative should be attached (Designation must be a separate document from the Assignment.)

Trademark Application Number(s) or Registration Number(s)

Mark if additional numbers attached

Enter either the Trademark Application Number or the Registration Number (DO NOT ENTER BOTH numbers for the same property).

Trademark Application Number(s)

Registration Number(s)

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RELEASE OF SECURITY INTEREST IN TRADEMARKS

FOR VALUE RECEIVED, WILMINGTON TRUST OF PENNSYLVANIA, a Pennsylvania state chartered bank (the "Bank"), hereby reassigns, without recourse, representation or warranty, express or implied, to AMERICAN HEALTH COMMUNICATIONS, INC., a New Jersey corporation ("American Health"), and releases its security interest in the trademarks listed on **Exhibit A** annexed hereto, together with the goodwill of the business symbolized by such trademarks, and related property rights granted to the Bank by American Health pursuant to a security agreement signed on January 16, 1998 and recorded with the United States Patent and Trademark Office on March 9, 1998 at **Reel 1703 Frame 0001**.

This assignment, reassignment and release also includes all trademark renewals and extensions, all proceeds of infringement suits, the sole right to sue for past, present, future and threatened infringements of and all rights corresponding thereto throughout the world, and any royalties, licenses, fees, proceeds, improvements and subsequent trademarks obtained in connection with the foregoing trademarks.

WILMINGTON TRUST OF PENNSYLVANIA

By: *William B. North*
William B. North
Vice President

COMMONWEALTH OF PENNSYLVANIA
COUNTY OF DELAWARE, SS.

On the 18th day of December, 1998, before me personally appeared the above named William B. North, a Vice President of WILMINGTON TRUST OF PENNSYLVANIA, to me known and known by me to be the party executing the foregoing instrument on behalf of said bank, and he acknowledged said instrument so executed to be his free act and deed in said capacity and the free act and deed of said bank.

Patricia A. Mergorn
Notary Public
My commission expires
Notary Seal
Patricia A. Mergorn, Notary Public
Westtown Twp., Chester County
My Commission Expires Oct. 16, 2000
Member, Pennsylvania Association of Notaries

EXHIBIT A

AMERICAN HEALTH COMMUNICATIONS, INC., a New Jersey corporation,
Registered Trademarks:

TRADEMARK	REGISTRATION NUMBER
The Fresh Air Cafe (words only)	2,166,988
E. R. Watch (words only)	2,133,395
Healthy Views (words only)	2,181,055
For Your Well Being (words only)	2,020,688
Florida Health Care Times (words only)	2,003,091
Healthy Now (words only)	2,026,103
Benefits Management (words only)	1,935,035
Starting Out Healthy (words only)	1,922,917
Health Alert (words only)	1,921,911
Best of Health (words only)	1,841,833
Health & You (words only)	1,770,040
Health & You (words and design)	1,404,872
Healthfactor (stylized letters)	1,772,971
Medicare & You (words only)	1,703,185

AMERICAN HEALTH COMMUNICATIONS, INC., a New Jersey corporation,
TRADEMARK APPLICATIONS

MARK	SERIAL NUMBER
Regarding Health (words only)	75-372590
Growing Up Healthy (words only)	75-329972
O.R. Watch (words only)	75-172643
Health Patrol (words only)	75-169397

EXHIBIT A - Page 2

Wilmington Trust of Pennsylvania to American Health Communications, Inc.

TRADEMARK
REEL: 1833 FRAME: 0678

FEDERAL EXPRESS

December 29, 1998

U.S. Patent and Trademark Office
Office of Public Records
Attn: Customer Services Counter
1213 Jefferson Davis Highway, 3rd Floor
Arlington, VA 22202

RE: Recording of Release of Security Interest in Trademarks
Assignor: WILMINGTON TRUST OF PENNSYLVANIA
Assignee: AMERICAN HEALTH COMMUNICATIONS, INC.

RECEIVED
98 DEC 30 AM 9:28
ASSIGNMENT BRANCH

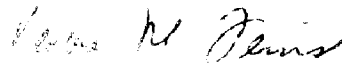
Ladies and Gentlemen:

I enclose for recording the following document, along with a cover sheet and recording fees:

1. Notice of Release of Security Interest in Trademarks from WILMINGTON TRUST OF PENNSYLVANIA to AMERICAN HEALTH COMMUNICATIONS, INC.; and
2. Our firm check in the amount of \$465.00 constituting the recording fee therefor.

Thank-you.

Sincerely,



Debra M. Feins

Enclosures

DEBRA M. FEINS, ESQ., P.C. 23 GALLOWAY LANE BEDFORD, NH 03110-5718

L 603.471.0220 FAX 603.471.0770 DFEINS@PIPELINE.COM ADMITTED TO PRACTICE IN NH, MA AND RI

OF COUNSEL SCOTCH & ZALINSKY ATTORNEYS AT LAW

50 ELM STREET MANCHESTER, NH 03101 TEL 603.668.8100 FAX 603.668.7545 NH WATS 800.698.8101

RECORDED: 12/30/1998

TRADEMARK
REEL: 1833 FRAME: 0679