

02-21-2003



2-21-03

Tab settings

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To the Honorable Commissioner of Patents and Trademarks: Please record the attached original documents or copy thereof.

1. Name of conveying party(ies):

Weider Publications, LLC
SYL Communications

- Individual(s)
- General Partnership
- Corporation-State
- Other
- Association
- Limited Partnership

Additional name(s) of conveying party(ies) attached? Yes No

3. Nature of conveyance:

- Assignment
- Security Agreement
- Other Supplement to Security Agreement
- Merger
- Change of Name

Execution Date: January 23, 2003

2. Name and address of receiving party(ies)

Name: JPMorgan Chase Bank

Internal Address:

Street Address: 270 Park Avenue

City: New York State: NY ZIP: 10017

- Individual(s) citizenship
- Association
- General Partnership
- Limited Partnership
- Corporation-State NY
- Other

If assignee is not domiciled in the United States, a domestic representative designation is attached: Yes No

(Designations must be a separate document from assignment)
Additional name(s) & address(es) attached? Yes No

4. Application number(s) or patent number(s):

A. Trademark Application No.(s)

Please see attached Schedules

B. Trademark Registration No.(s)

Please see attached Schedules

Additional numbers attached? Yes No

5. Name and address of party to whom correspondence concerning document should be mailed:

Name: Penelope Agodoa

Internal Address: Federal Research Corporation

Street Address: 1030 15th Street, NW

Suite 920

City: Washington State: DC ZIP: 20005

6. Total number of applications and registrations involved: 108

7. Total fee (37 CFR 3.41).....\$ 2715⁰⁰

- Enclosed
- Authorized to be charged to deposit account

8. Deposit account number:

(Attach duplicate copy of this page if paying by deposit account)

02/24/2003 DBTRNE 00000010 1264301

DO NOT USE THIS SPACE

01 CC:8521 40.00 DP
02 CC:8522 2675.00 DP

9. Statement and signature.

To the best of my knowledge and belief, the foregoing information is true and correct and any attached copy is a true copy of the original document.

Maha Hussain

Name of Person Signing

Signature

February 11, 2003

Date

Total number of pages including cover sheet, attachments, and document: 5

Mail documents to be recorded with required cover sheet information to:
Commissioner of Patents & Trademarks, Box Assignments

Weider Publications, Inc. 1
 US TRADEMARKS

| REGISTERED TRADEMARK | CLASS | GOODS AND SERVICES | REG. NO. | REG. DATE | COUNTRY |
|--|-------|--|-----------|------------|---------------|
| FIT FOR LIFE RESPONSE PAK | 35 | Direct mail advertising services and market and promotional services, namely marketing and promoting the goods and services of others by dissemination of coupons, brochures and advertising pieces | 2,493,865 | 10/22/2001 | United States |
| FIT PREGNANCY | 16 | Women's magazine relating to pregnancy and fitness | 1,994,180 | 8/13/1996 | United States |
| FIT PREGNANCY | 42 | Computer services, namely, providing on-line magazines in the field of health and fitness; and providing information in the field of health and fitness via a global communication information network site | 2,188,470 | 9/8/1998 | United States |
| FIT-X | 35 | Arranging and conducting trade show exhibitions in the field of health and fitness | 2,553,015 | 3/26/2002 | United States |
| FLEX | 16 | Monthly magazine relating to exercise and fitness | 1,340,659 | 6/11/1985 | United States |
| FLEX | 42 | Computer services, namely, providing on-line magazines in the field of health and fitness; and providing information in the field of health and fitness via a global communication information network site | 2,186,743 | 9/1/1998 | United States |
| FOR GIRLS WHO DARE TO BE REAL | 16 | Magazine relating to teens | 2,162,235 | 6/2/1998 | United States |
| HUGE. HARDGAINERS ULTIMATE GROWTH ENHANCEMENT SYSTEM | 16 | On-going magazine articles, periodicals and books in the field of fitness and exercise | 2,433,879 | 3/6/2001 | United States |
| HARD BODY RESPONSE PAK | 35 | Direct mail advertising services and marketing and promotional services, namely marketing and promoting the goods and services of others by dissemination of coupons, brochures and direct mail advertising pieces | 2,465,029 | 7/3/2001 | United States |
| HARDGAINERS ULTIMATE GROWTH ENHANCEMENT SYSTEM | 16 | On-going magazine articles, periodicals and books in the field of fitness and exercise | 2,285,899 | 10/12/1999 | United States |
| HERS | 16 | Print matter, namely a magazine in the field of health and fitness | 2,472,316 | 7/24/2001 | United States |
| JUMP | 16 | Magazine relating to teens | 2,109,655 | 10/28/1997 | United States |
| JUMP | 42 | Computer services, namely, providing on-line magazines in the field of health and fitness; and providing information in the field of health and fitness via a global communication information network site | 2,186,744 | 9/1/1998 | United States |

1 Weider Publications, LLC will become the owner upon execution of the Contribution Agreement, as defined in the Purchase and Contribution Agreement by and among Weider Health and Fitness, Weider Health and Fitness, LLC, Weider Interactive Networks, Inc., Weider Publications, LLC, EMP Group L.L.C., and American Media Operations, Inc., dated as of November 26, 2002.

| | | | | ISSUE NO. | REG. DATE | COUNTRY |
|---|----|---|-----------|------------|--|---------|
| LIVING FIT | 16 | Printed publications, namely a health and fitness magazine | 2,053,774 | 4/22/1997 | United States | |
| LIVING FIT | 25 | Clothing, namely men's and women's garments and sportswear, namely, shirts, pants, sweatshirts, sweatpants, sweat suits, t-shirts, shorts, exercise pants, underwear, footwear, shoes, headwear, jackets, bathing suits, body suits, tops and bottoms, and gym shorts | 2,105,850 | 10/14/1997 | United States | |
| LIVING FIT | 42 | Computer services, namely, providing on-line magazines in the field of health and fitness; and providing information in the field of health and fitness via a global communication information network site | 2,291,337 | 11/9/1999 | United States | |
| MEN'S FITNESS | 16 | Magazine | 1,519,426 | 1/3/1989 | United States | |
| MEN'S FITNESS | 16 | Magazine dealing with a variety of topics | 1,956,592 | 2/13/1996 | United States | |
| MEN'S FITNESS | 42 | Computer services, namely, providing on-line magazines in the field of health and fitness; and providing information in the field of health and fitness via a global communication information network site | 2,197,109 | 10/20/1998 | United States | |
| MUSCLE & FITNESS | 16 | Magazines | 1,240,271 | 5/31/1983 | United States | |
| MUSCLE & FITNESS | 42 | Computer services, namely, providing on-line magazines in the field of health and fitness; and providing information in the field of health and fitness via a global communication information network site | 2,254,062 | 6/15/1999 | United States | |
| NATURAL HEALTH | 16 | Magazines pertaining to health, nutrition, physical fitness and hygiene | 2,259,027 | 7/6/1999 | United States Registration maintained by Latham & Watkins | |
| NATURAL HEALTH THE GUIDE TO WELL-BEING & DESIGN | 16 | Magazines pertaining to health, nutrition, physical fitness and hygiene | 1,790,311 | 8/31/1993 | United States Registration maintained by Latham & Watkins | |
| PRIME HEALTH & FITNESS | 16 | Magazines dealing with men's well-being | 2,429,023 | 2/20/2001 | United States | |
| REAL GIRL SIGHTINGS | 41 | Radio programming featuring radio contests which request listeners to spot girls at work who are not pretentious and awards prizes in connection therewith | 2,571,727 | 5/21/2002 | United States | |
| SHAPE | 25 | Clothing | 1,495,154 | 7/5/1988 | United States | |
| SHAPE | 16 | Magazine relating to physical fitness and exercise | 1,525,562 | 2/21/1989 | United States | |

| TRADEMARK | REG. NO. | REG. DATE | COUNTRY |
|------------------|----------|------------|---------------|
| SHAPE | 42 | 9/15/1998 | United States |
| SHAPE (Stylized) | 16 | 8/2/1988 | United States |
| SHAPE COOKS | 16 | 2/3/1998 | United States |
| SHAPE COOKS | 42 | 9/15/1998 | United States |
| SHAPE ESCAPE | 41 | 10/22/2002 | United States |

Applications Pending For U.S. Registration

| TRADEMARK | REG. NO. | REG. DATE | COUNTRY |
|---|----------|-------------------------|---------------|
| ACTIVE LIFE STYLE | 16 | 6/8/2000 | United States |
| ARMED FORCES | 16 | 2/2/2000 | United States |
| ARMED FORCES and Design | 16 | 2/3/2000 | United States |
| FIT PREGNANCY BRAND FRANCHISE ENCYCLOPEDIA | 9,16,42 | 1/25/2002 | United States |
| FLEX - BATTLE OF THE BICEPS | 41 | 76/272,579 6/15/2001 | United States |

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| SERIAL NO. | FILING DATE | COUNTRY |
|-----------------------------|-------------|---------------|
| FLEX - BATTLE OF THE BICEPS | 9,25 | United States |
| FLEX MAGAZINE | 18,25 | United States |
| FLEX MAGAZINE | 21,28 | United States |
| FLEX MAGAZINE | 41 | United States |

Pre-recorded audio-cassettes, audio discs, audio tapes, compact discs, computer programs, CD Rom, interactive videos, DAT mini compact discs, tapes and pre-recorded videos featuring body building contests and contestants; and clothing namely, aprons, footwear, athletic footwear, head bands, sweat bands, bathing suits, bathing trunks, bathrobes, belts, cloth bibs, blouses, boxer shorts, caps, coats, dresses, footwear, gloves, hats, jackets, jogging suits, leg warmers, leotards, mittens, neck ties, nightgowns, night shirts, pajamas, play suits, pants, panties, sweat pants, polo shirts, pullovers, scarves, shirts, sweat shirts, golf shirts, T-shirts, socks, sneakers, shorts, suits, jump suits, jogging suits, sweaters, sun visors, t-shirts, tennis wear and vests

Athletic bags, backpacks, baby backpacks, all-purpose sport bags, beach bags, book bags, duffel bags, gym bags, overnight bags, school book bags, tote bags, shopping bags, travel bags, daypacks, fanny packs, handbags and knapsacks, wallets, pouches, purses, luggage, key cases, key chains, card cases, money clips, billfolds, checkbook covers, travel kits, shaving kits, umbrellas and leather gloves; and clothing, namely, men's, women's and children's tops and bottoms, underwear, outerwear, sleepwear, neckwear, sportswear, lingerie, swimwear, beachwear, loungewear, footwear, legwear, headwear, belts and gloves

Coffee mugs, beer mugs, cups, beverageware, portable beverage coolers, beverage glassware, bottle openers, bowls, lunch boxes, clothes brushes, hair brushes, combs, nail brushes, shoe brushes, tooth brushes, comb cases, coasters, drinking glasses, figurines, picnic baskets, gift baskets, shoe horns and wastepaper baskets; and gymnastic, sporting and exercise equipment, exercise machines, exercise mats, exercise tables, exercise platforms, trampolines, weights, weight benches, games and toys; weight lifting belts and baseball, batting, bicycling, boxing and weight lifting gloves

Computer services, namely, providing on-line information in the field of health and fitness in the form of magazines via a global communication information network; special event planning, namely, planning, organizing, coordinating, promoting and managing community sporting and cultural events, contests, and weightlifting and body building competitions

| | | PUBLICATION | | REGISTRATION | | MARKING | | COUNTRY | |
|---|---------|---|------------|--------------|---------------|---------|--|---------|--|
| | | | | | | | | | |
| MEN'S FITNESS BRAND FRANCHISE ENCYCLOPEDIA | 9,16,42 | Pre-recorded CD-Roms, audio and video cassettes featuring information related to editorial content, advertising, circulation, marketing, publicity, new media and research pertaining to Applicant's magazine; printed matter, namely a set of updatable binders containing information related to editorial content, advertising, circulation, marketing, publicity, new media and research pertaining to Applicant's magazine; and computer services, namely, providing on-line business information in the nature of editorial content, advertising, circulation, marketing, publicity, new media and research pertaining to Applicant's magazine, via a global communication information network site | 76/363,124 | 1/25/2002 | United States | | | | |
| MUSCLE & FITNESS | 16 | Publications, namely magazines in the field of health and fitness | 76/379,152 | 2/22/2002 | United States | | | | |
| MUSCLE & FITNESS | 18,25 | Athletic bags, backpacks, baby backpacks, all-purpose sport bags, beach bags, book bags, duffel bags, gym bags, overnight bags, school book bags, tote bags, shopping bags, travel bags, daypacks, fanny packs, handbags and knapsacks, wallets, drawstring pouches, purses, luggage, key cases, leather key chains, business card cases, credit card cases, calling card cases, name card cases, billfolds, checkbook covers, travel kits sold empty, shaving kits sold empty, umbrellas and leather gloves; and Clothing, namely, men's women's and children's tops and bottoms, underwear, sleepwear, neckwear, lingerie, swimwear, beachwear, loungewear, footwear, headwear, clothing belts, gloves, rainwear, ski wear, surf wear, tennis wear, coats, jackets, sweaters, vests, dresses, shirts, pants, sweatshirts, sweatpants, shorts, skirts, and socks | 76/381,534 | 3/1/2002 | United States | | | | |
| MUSCLE & FITNESS | 21,28 | Coffee mugs, beer mugs, cups, beverage ware, portable beverage coolers, beverage glassware, bottle openers, bowls, lunch boxes, clothes brushes, hair brushes, combs, nail brushes, shoe brushes, toothbrushes, comb cases, coasters not of paper and not being table linen, drinking glasses, figurines made of china, crystal, earthenware, glass, porcelain, and terra cotta, fitted picnic baskets, gift baskets made of wicker, straw, cloth or wood, shoe | 76/381,535 | 3/1/2002 | United States | | | | |

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| | | SERIAL NO. | FILED DATE | COUNTY |
|------------------|------|------------|------------|---------------|
| MUSCLE & FITNESS | 35 | | | United States |
| | | | | |
| MUSCLE & FITNESS | 41 | 76/381,533 | 3/1/2002 | United States |
| | | | | |
| MUSCLE & FITNESS | 44 | 76/379,510 | 2/22/2002 | United States |
| | | | | |
| MUSCLE & FITNESS | 9,16 | 76/379,150 | 2/22/2002 | United States |

horns, and wastepaper baskets; and gymnastic, sporting and exercise equipment, namely, exercise machines, exercise mats, exercise tables, exercise platforms, trampolines, exercise weights, weight benches; weight lifting belts; baseball, batting, bicycling, boxing and weight lifting gloves; games and toys, namely, action skill games, board games, arcade games, card games, manipulative games, parlor games, pinball games, party games, ring games, role playing games, target games, coin operated video games, bath toys, baby multiple activity toys, children's multiple activity toys, battery operated action toys, bendable toys, collectable toy figures, construction toys, disc toss toys, drawing toys, electric action toys, electronically operated toy motor vehicles, inflatable toys, modeled plastic toy figurines, musical toys, mechanical toys, pet toys, plush toys, pop up toys, pull toys, punching toys, sand toys, squeeze toys, talking toys, toy action figures, toy boxes, toy vehicles and accessories therefore, water squirting toys, windup toys

Direct response retail services; namely, mail order services, direct mail services and on-line retail store services in the field of general merchandise; namely, clothing, including t-shirts, shorts, pants, sweatshirt, jackets, hats, caps, towels, water bottles, toiletry cases, fanny packs, back packs, videos, books, mugs, key chains and photos

Computer services, namely, providing on-line information in the field of health and fitness in the form of magazines via a global communication information network; special event planning, namely, planning, organizing, coordinating, promoting and managing community sporting and cultural events, contests, and weightlifting and body building competitions

Computer services, namely providing on-line information in the field of health and fitness, and information relating to the demographics, circulation and advertising policies of Applicant's magazine via a global communication information network site

Pre-recorded CD-Roms, prerecorded audio and video cassettes and computer software, all featuring information about health and fitness; computer hardware; electronic devices, namely, electronic personal organizers, CD players, radios, televisions, telephones, personal stereos, audio tape players and recorders, video tape players and recorders, mp3 players, digital video disc players and recorders, digital audio players and

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| | | | DATE OF FILING | DATE | COUNTRY |
|---|------|---|----------------|-----------|---------------|
| MUSCLE & FITNESS | | recorders; sunglasses, decorative magnets, tape measures, calculators, flashlights, binoculars, and cameras; printed matter, namely a set of updateable binders containing information related to health and fitness and to the content of Applicant's magazines; posters, calendars, pens, pencils, greeting cards, poster books, photograph albums, address books, appointment books, paper place mats, decals, stickers, notebooks, and lithographs, note pads, desktop business card holders, playing cards, prints and postcards, scratch pads, folders and trading cards | | | |
| MUSCLE & FITNESS — BATTLE OF THE BICEPS | 41 | Competitions in the field of body building and fitness | 76/461,984 | 10/28/02 | United States |
| MUSCLE & FITNESS — BATTLE OF THE BICEPS | 9,25 | Audio-cassettes, audio discs, audio tapes, compact discs, computer programs, CD Rom, interactive videos, DAT mini compact discs and tapes featuring pre-recorded videos; and clothing namely, aprons, footwear, athletic footwear, head bands, sweat bands, bathing suits, bathing trunks, bathrobes, belts, bibs, blouses, boxer shorts, caps, coats, dresses, footwear, gloves, hats, jackets, jogging suits, leg warmers, leotards, mittens, neck ties, nightgowns, night shirts, pajamas, play suits, pants, panties, sweat pants, polo shirts, pullovers, scarves, shirts, sweat shirts, golf shirts, T-shirts, socks, sneakers, shorts, suits, jump suits, jogging suits, sweaters, sun visors, t-shirts, tennis wear and vests | 76/272,582 | 6/15/2001 | United States |
| MUSCLE & FITNESS' BIG MAN ON CAMPUS | 16 | Printed publications, namely event programs, books and flyers featuring bodybuilding contests and contestants; printed collectibles, namely pens, pencils, notepads; desk sets, paper cutters, decals, letter openers, gift paper, business card holders, paperweights, plastic bags for merchandise packaging, posters wrapping, calendars, markers, playing cards, color prints and postcards featuring body building contestants, scratch pads, desk organizers, pen or pencil holders, paper tags, stationery, paper stock, folders, posters, address books, trading cards and blotters | 76/198,600 | 1/20/2001 | United States |
| MUSCLE & FITNESS' BIG MAN ON CAMPUS | 25 | Men's, women's and children's clothing | 76/198,601 | 1/20/2001 | United States |
| MUSCLE & FITNESS' BIG MAN ON CAMPUS | 41 | Entertainment services, namely the arranging and conducting of fitness competitions | 76/194,791 | 1/10/2001 | United States |
| MUSCLE & FITNESS' BIG MAN | 9 | Computer hardware and software, electronic devices, sun glasses, | 76/198,602 | 1/20/2001 | United States |

| ON CAMPUS | | FOOTNOTES | SEARCH NUMBER | FILED DATE | COUNTRY |
|-------------------------------------|------|--|---------------|------------|---------------|
| MUSCLE & FITNESS HERS | 16 | Publications, namely magazines in the fields of health and fitness | 76/379,154 | 2/22/2002 | United States |
| MUSCLE & FITNESS HERS | 44 | Computer services, namely providing on-line information in the field of health and fitness, and information relating to the demographics, circulation and advertising policies of Applicant's magazine via a global communication information network site | 76/379,156 | 2/22/2002 | United States |
| MUSCLE & FITNESS HERS | 9,16 | Pre-recorded CD-Roms, prerecorded audio and video cassettes and computer software, all featuring information about health and fitness; computer hardware; electronic devices, namely, electronic personal organizers, CD players, radios, televisions, telephones, personal stereos, audio tape players and recorders, video tape players and records, mp3 players, digital video disc players and recorders, digital audio players and recorders; sunglasses, decorative magnets, tape measures, calculators, binoculars, and cameras; printed matter, namely a set of updateable binders containing information related to health and fitness and to the content of Applicant's magazines; posters, calendars, pens, pencils, greeting cards, poster books, photograph albums, address books, appointment books, paper place mats, decals, stickers, notebooks, lithographs, note pads, desk top business card holders, playing cards, prints and postcards, scratch pads, folders and trading cards | 76/379,151 | 2/22/2002 | United States |
| MUSCLE & FITNESS HERS (Stylized) | 9,16 | Pre-recorded CD-Roms, prerecorded audio and video cassettes and computer software, all featuring information about health and fitness; computer hardware; electronic devices, namely, electronic personal organizers, CD players, radios, televisions, telephones, personal stereos, audio tape players and recorders, video tape players and records, mp3 players, digital video disc players and recorders, digital audio players and recorders; sunglasses, decorative magnets, tape measures, calculators, binoculars, and cameras; printed matter, namely a set of updateable binders containing information related to health and fitness and to the content of Applicant's magazines; posters, calendars, pens, pencils, greeting cards, poster books, photograph albums, address books, appointment books, paper place mats, decals, stickers, notebooks, lithographs, note pads, desk top business card holders, playing cards, prints and postcards, scratch pads, folders and trading cards | 76/379,718 | 2/22/2002 | United States |

| | | CLASSIFICATION | SERIAL NO. | FILING DATE | COUNTRY |
|---|---------|---|------------|-------------|---------------|
| MUSCLE & FITNESS HERS (Stylized) | 16 | Publications, namely magazines in the fields of health and fitness | 76/379,155 | 2/22/2002 | United States |
| MUSCLE & FITNESS HERS (Stylized) | 44 | Computer services, namely providing on-line information in the field of health and fitness, and information relating to the demographics, circulation and advertising policies of Applicant's magazine via a global communication information network site | 76/379,160 | 2/22/2002 | United States |
| MUSCLE & FITNESS HOMEBODY | 16 | Magazine featuring information on health, fitness and nutrition | 76/358,478 | 1/14/2002 | United States |
| MUSCLE & FITNESS (Stylized) | 16 | Publications, namely magazines | 76/379,509 | 2/22/2002 | United States |
| MUSCLE & FITNESS (Stylized) | 44 | Computer services, namely providing on-line information in the field of health and fitness, and information relating to the demographics, circulation and advertising policies of Applicant's magazine via a global communication information network site | 76/379,508 | 2/22/2002 | United States |
| MUSCLE & FITNESS (Stylized) | 9,16 | Pre-recorded CD-Roms, prerecorded audio and video cassettes featuring information about health and fitness; computer hardware and software, electronic devices, sun glasses, magnets, tape measures, calculators, flashlights, binoculars, telephones, radios and cameras; and printed matter, namely a set of updateable binders containing information related to health and fitness and to the content of Applicant's magazine; posters, calendars, pens, pencils, greeting cards, poster books, photograph albums, address books, appointment books, paper place mats, decals, stickers, notebooks, and lithographs, note pad, business card holders, playing cards, prints and postcards, scratch pads, folders, posters and trading cards | 76/379,506 | 2/22/2002 | United States |
| NATURAL HEALTH BRAND FRANCHISE ENCYCLOPEDIA | 9,16,42 | Pre-recorded CD-Roms, audio and video cassettes featuring information related to editorial content, advertising, circulation, marketing, publicity, new media and research pertaining to Applicant's magazine; printed matter, namely a set of updateable binders containing information related to editorial content, advertising, circulation, marketing, publicity, new media and research pertaining to Applicant's magazine; and computer services, namely, providing on-line business information in the nature of editorial content, advertising, circulation, marketing, publicity, new media and research pertaining to Applicant's magazine, via a global communication information network site | 76/363,123 | 1/25/2002 | United States |
| NATURAL HEALTH NEWS | 42 | Informational services, namely, providing news and other information in | 76/265,048 | 6/1/2001 | United States |

| | | the field of health and fitness | SERIAL NO. | FILING DATE | COUNTRY |
|---|---------|--|------------|-------------|---------------|
| OPTIMIZE | 44 | Computer services, namely, providing information relating to health, weight loss and fitness. | 76/363,112 | 1/25/2002 | United States |
| OPTIMIZE FITNESS SYSTEMS | 44 | Computer services, namely, providing information relating to health, weight loss and fitness. | 76/358,799 | 1/14/2002 | United States |
| OPTIMIZE PERSONAL FITNESS SYSTEM | 44 | Computer services, namely, providing information relating to health, weight loss and fitness. | 76/358,875 | 1/14/2002 | United States |
| OPTIMIZE PERSONAL WEIGHT MANAGEMENT SYSTEMS | 44 | Computer services, namely, providing information relating to health, weight loss and fitness. | 76/358,876 | 1/14/2002 | United States |
| PARTNER POWER PROGRAM | | | 76/475,511 | 12/16/02 | United States |
| SHAPE | 25 | Clothing, namely, men's, women's and children's tops, bottoms, underwear, sleepwear, neckwear, lingerie, swim wear, beachwear, loungewear, footwear, headwear, jackets, raincoats, coats, socks, stockings, booties, hosiery, sweat shirts, sweat pants, sweat suits and warm-up suits | 76/363,122 | 1/25/2002 | United States |
| SHAPE | | | 76/475,870 | 12/17/02 | United States |
| SHAPE | | | 76/475,872 | 12/17/02 | United States |
| SHAPE (Stylized) | 25 | Clothing, namely, men's, women's and children's tops and bottoms, underwear, outerwear, sleepwear, neckwear, lingerie, swimwear, beachwear, loungewear, footwear, legwear and headwear | 76/363,121 | 1/25/2002 | United States |
| SHAPE (Stylized) | 1641 | a magazine dealing with health and fitness; and computer services, namely, providing on-line magazines in the field of health and fitness; and providing information in the field of health and fitness via a global communication information network site | 76/454,921 | 9/23/2002 | United States |
| SHAPE BRAND FRANCHISE ENCYCLOPEDIA | 9,16,42 | Pre-recorded CD-Roms, audio and video cassettes featuring information related to editorial content, advertising, circulation, marketing, publicity, new media and research pertaining to Applicant's magazine; printed matter, namely a set of updatable binders containing information related to editorial content, advertising, circulation, marketing, publicity, new media and research pertaining to Applicant's magazine; and computer services, namely, providing on-line business information in the nature of editorial content, advertising, circulation, marketing, publicity, new media | 76/363,111 | 1/25/2002 | United States |

| CLASSIFICATION | CLASS | COMPOSITION | SERIAL NO. | FILING DATE | COUNTRY |
|--|---------|---|------------|-------------|---------------|
| | | and research pertaining to Applicant's magazine, via a global communication information network site | | | |
| SHAPES ESSENTIAL GUIDE TO ADVENTURE TRAVEL | 16 | Magazine, magazine columns and magazine supplements in the field of health and fitness | 75/492,547 | 5/28/1998 | United States |
| SHAPES ESSENTIAL GUIDE TO BEAUTY | 16 | Magazines, magazine columns and magazine supplements in the field of health and fitness | 75/492,538 | 5/23/1998 | United States |
| SHAPES ESSENTIAL GUIDE TO FALL | 16 | Magazines, magazine columns and magazine supplements in the field of health and fitness | 75/942,667 | 3/13/2000 | United States |
| SHAPES ESSENTIAL GUIDE TO GEAR | 16 | Magazines, magazine columns and magazine supplements in the field of health and fitness | 75/492,546 | 5/23/1998 | United States |
| SHAPES ESSENTIAL GUIDE TO SUMMER | 16 | Magazines, magazine columns and magazine supplements in the field of health and fitness | 75/397,970 | 12/1/1997 | United States |
| SHAPES ESSENTIAL GUIDE TO WINTER | 16 | Magazines, magazine columns and magazine supplements in the field of health and fitness | 75/942,666 | 3/13/2000 | United States |
| SHAPES FIT FOR ADVENTURE | 41 | Recreational services in the nature of various outdoor activities, including rafting and hiking trips | 76/272,578 | 6/15/2001 | United States |
| WEIDER BRAND FRANCHISE ENCYCLOPEDIA | 9,16,42 | Pre-recorded CD-Roms, audio and video cassettes featuring information related to editorial content, advertising, circulation, marketing, publicity, new media and research pertaining to Applicant's magazine; printed matter, namely a set of updatable binders containing information related to editorial content, advertising, circulation, marketing, publicity, new media and research pertaining to Applicant's magazine; and computer services, namely, providing on-line business information in the nature of editorial content, advertising, circulation, marketing, publicity, new media and research pertaining to Applicant's magazine, via a global communication information network site | 76/363,113 | 1/25/2002 | United States |
| WEIDER'S HOMEBODY | 16 | Magazine featuring information on health, fitness and nutrition | 76/358,480 | 1/14/2002 | United States |

**SYL COMMUNICATIONS
US TRADEMARKS**

Applications Pending For U.S. Registration

| SHAPE YOUR LIFE | CLASS | DESCRIPTION | REG. NO. | REG. DATE | COUNTRY |
|-----------------|-------|---|------------|------------|---------------|
| SHAPE YOUR LIFE | 3 | Perfumes, soaps, shampoos; cosmetics, namely foundation make-up mascara, eye shadow, eyeliner, eye definer, lipstick, lip liner, lip tints, eyebrow pencils, face powder, bronzer, blusher, moisturizer, color balance base fluid and concealer; non-medicated toilet water; abrasives for personal use, namely facial scrub, face and body masks, facial cleansers, toilet soap, skin moisturizing cream, hand moisturizing lotion and moisturizing body lotion, anti-wrinkle cream, under eye cover cream; professional skin care products, namely age spot and pigment lightening gels, exfoliation creams, acne prone skin formulas and sun screen; hair coloring preparations; personal deodorants, depilatories antiperspirant preparations | 78/186,761 | 11/20/2002 | United States |
| SHAPE YOUR LIFE | 4 | Candles and scented candles | 78/186,759 | 11/20/2002 | United States |
| SHAPE YOUR LIFE | 9 | Pre-recorded video tapes, phonographic records, video discs, audio tapes, compact discs, DVDs, laser discs, CD-ROMS; sound recordings; computer software; electronic publications, namely magazines, newsletters and books recorded on computer media; and eyeglass frames, sunglass frames and ophthalmic prescription eyeglass frames | 78/187,143 | 11/20/2002 | United States |
| SHAPE YOUR LIFE | 16 | Paper goods and printed matter, namely, publications; books, newspapers, periodicals, newsletters, columns, pamphlets, postcard books; greeting cards; calendars; stationary; diaries; scrapbooks; address and schedule books; appointment books; notebooks; book covers; photograph albums; paper supplies and decorations, namely paper hats, paper napkins, paper gift bags, paper placemats in invitations, note cards, paper door signs, paper party favors, paper place cards, paper table covers, paper bags, paper pennants, paper banners, plastic bags, paper identification name tags, decorative paper centerpieces; gift wrapping paper; rubber stamps; stamp pads, loose-leaf binders; paper boxes; bumper stickers; note paper; | 78/187,115 | 11/20/2002 | United States |
| SHAPE YOUR LIFE | 18 | Goods made of leather or imitations of leather not included in other | 78/187,104 | 11/20/2002 | United States |

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| | | | | |
| | | health information; health care advisory and consultation services | | |
| | | | SERIAL NO. | |
| | | | CLASSIFICATION | |
| | | | | |

SUPPLEMENT NO. 4 dated as of January 23, 2003, to the Security Agreement dated as of May 7, 1999, among AMERICAN MEDIA OPERATIONS, INC., a Delaware corporation (the "*Borrower*"), AMERICAN MEDIA, INC., a Delaware corporation ("*Holdings*"), each subsidiary of Holdings listed on Schedule I thereto (each such subsidiary individually a "*Subsidiary*" or a "*Guarantor*" and, collectively, the "*Subsidiaries*" or, with Holdings, the "*Guarantors*"; the Guarantors and the Borrower are referred to collectively herein as the "*Grantors*") and JPMORGAN CHASE BANK (formerly known as The Chase Manhattan Bank), a New York banking corporation ("*JPMCB*"), as collateral agent (in such capacity, the "*Collateral Agent*") for the Secured Parties (as defined herein).

A. Reference is made to (a) the Credit Agreement dated as of May 7, 1999, as amended and restated as of May 21, 2002 (as amended, supplemented or otherwise modified from time to time, the "*Credit Agreement*"), among the Borrower, Holdings, the lenders from time to time party thereto (the "*Lenders*") and JPMCB, as administrative agent for the Lenders (in such capacity, the "*Administrative Agent*"), and (b) the Guarantee Agreement dated as of May 7, 1999 (as amended, supplemented or otherwise modified from time to time, the "*Guarantee Agreement*"), among the Guarantors and the Collateral Agent.

B. Capitalized terms used herein and not otherwise defined herein shall have the meanings assigned to such terms in the Security Agreement and the Credit Agreement.

C. The Grantors have entered into the Security Agreement in order to induce the Lenders to make Loans and the Issuing Bank to issue Letters of Credit. Pursuant to Section 5.12 of the Security Agreement, each Subsidiary Loan Party of the Borrower that was not in existence or not a Subsidiary Loan Party on the date of the Credit Agreement and each Unrestricted Subsidiary that is designated as a Restricted Subsidiary is required to enter in to this Agreement as a Grantor upon becoming a Subsidiary Loan Party. Section 7.15 of the Security Agreement provides that such Subsidiaries of the Borrower may become Grantors under the Security Agreement by execution and delivery of an instrument in the form of this Supplement. Each of the undersigned Subsidiaries (each, a "*New Grantor*" and, collectively, the "*New Grantors*") is executing this Supplement in accordance with the requirements of the Credit Agreement to become a Grantor under the Security Agreement in order to induce the Lenders to make additional Loans and the Issuing Bank to issue additional Letters of Credit and as consideration for Loans previously made and Letters of Credit previously issued.

Accordingly, the Collateral Agent and the New Grantors agree as follows:

SECTION 1. In accordance with Section 7.15 of the Security Agreement, each New Grantor by its signature below becomes a Grantor under the Security Agreement with the same force and effect as if originally named therein as a Grantor and each New Grantor hereby (a) agrees to all the terms and provisions of the Security Agreement applicable to it as a Grantor thereunder and (b) subject to Section 10 hereof, represents and warrants that the representations and warranties made by it as a Grantor thereunder are true and correct on and as of the date hereof except to the extent a representation and warranty expressly relates solely to a specific date

in which case such representation and warranty shall be true and correct on such date. In furtherance of the foregoing, each New Grantor, as security for the payment and performance in full of the Obligations (as defined in the Security Agreement), does hereby create and grant to the Collateral Agent, its successors and assigns, for the benefit of the Secured Parties, their successors and assigns, a security interest in and lien on all of such New Grantor's right, title and interest in and to the Collateral (as defined in the Security Agreement) of such New Grantor. Each reference to a "Grantor" in the Security Agreement shall be deemed to include each New Grantor. The Security Agreement is hereby incorporated herein by reference.

SECTION 2. Each New Grantor represents and warrants to the Collateral Agent and the other Secured Parties that this Supplement has been duly authorized, executed and delivered by it and constitutes its legal, valid and binding obligation, enforceable against it in accordance with its terms.

SECTION 3. This Supplement may be executed in counterparts (and by different parties hereto on different counterparts), each of which shall constitute an original, but all of which when taken together shall constitute a single contract. This Supplement shall become effective when the Collateral Agent shall have received counterparts of this Supplement that, when taken together, bear the signatures of the New Grantors and the Collateral Agent. Delivery of an executed signature page to this Supplement by facsimile or other electronic transmission shall be as effective as delivery of a manually signed counterpart of this Supplement.

SECTION 4. Each New Grantor hereby represents and warrants that set forth on Schedule I attached hereto is a true and correct schedule of the location of any and all Collateral of each New Grantor and sets forth the true and correct location of the chief executive office of each New Grantor. In addition, Schedules II, III, IV and V of the Security Agreement are hereby supplemented by the information set forth on Schedules II, III, IV and V hereto relating to each New Grantor. Each of the New Grantors hereby represents and warrants that the information set forth on Schedules II, III, IV and V attached hereto is true and correct.

SECTION 5. Except as expressly supplemented hereby, the Security Agreement shall remain in full force and effect.

SECTION 6. THIS SUPPLEMENT SHALL BE GOVERNED BY, AND CONSTRUED IN ACCORDANCE WITH, THE LAWS OF THE STATE OF NEW YORK.

SECTION 7. In case any one or more of the provisions contained in this Supplement should be held invalid, illegal or unenforceable in any respect, the validity, legality and enforceability of the remaining provisions contained herein and in the Security Agreement shall not in any way be affected or impaired thereby (it being understood that the invalidity of a particular provision in a particular jurisdiction shall not in and of itself affect the validity of such provision in any other jurisdiction). The parties hereto shall endeavor in good-faith negotiations to replace the invalid, illegal or unenforceable provisions with valid provisions the economic effect of which comes as close as possible to that of the invalid, illegal or unenforceable provisions.

SECTION 8. All communications and notices hereunder shall be in writing and given as provided in Section 7.01 of the Security Agreement. All communications and notices hereunder to each New Grantor shall be given to it at the address set forth under its signature below.

SECTION 9. Each New Grantor agrees to reimburse the Collateral Agent for its reasonable out-of-pocket expenses in connection with this Supplement, including the reasonable fees, other charges and disbursements of counsel for the Collateral Agent.

SECTION 10. Notwithstanding anything to the contrary contained herein or in the Security Agreement but subject to Section 5.13(d) of the Credit Agreement and Section 4.03 of the Security Agreement, solely for the purpose of the representations and warranties made in Section 4 hereof and in Article 3 of the Security Agreement, it is understood and agreed that such representations and warranties shall not be made with respect any registered copyrights of either New Grantor (a) that were acquired, directly or indirectly, by a Loan Party in connection with the Weider Acquisition and (b) either (i) that were not disclosed to any Loan Party by the seller in connection with the Weider Acquisition or (ii) with respect to which no Loan Party has knowledge, as of the Restatement Effective Date, of registration.

IN WITNESS WHEREOF, each New Grantor and the Collateral Agent has duly executed this Supplement to the Security Agreement as of the day and year first above written.

WEIDER PUBLICATIONS, LLC,

By Michael Kahane
Name: Michael Kahane
Title: Sr. V. P. + General Counsel

SYL COMMUNICATIONS,

By Michael Kahane
Name: Michael Kahane
Title: Senior Vice President & General Counsel

JPMORGAN CHASE BANK, as Collateral Agent,

By _____
Name:
Title:

IN WITNESS WHEREOF, each New Grantor and the Collateral Agent has duly executed this Supplement to the Security Agreement as of the day and year first above written.

WEIDER PUBLICATIONS, LLC,

By _____
Name:
Title:

SYL COMMUNICATIONS,

By _____
Name:
Title:

JPMORGAN CHASE BANK, as Collateral Agent,

By *Peter B. Thauer*
Name: *Peter B. Thauer*
Title: *Vice President*

<<FTCORP-2218844.S:4276W:01/23/03-1:37a>>

LOCATION OF COLLATERAL

Weider Publications, LLC

| <u>Description</u> | <u>Location</u> |
|----------------------------|--|
| Principal Executive Office | 21100 Erwin Street Woodland Hills, CA 91367 (818) 251-2901 |

SYL Communications

| <u>Description</u> | <u>Location</u> |
|--|--|
| Principal Executive Office | 21100 Erwin Street Woodland Hills, CA 91367 (818) 884-6800 |
| Books and records relating to accounts receivable and general intangibles | 21100 Erwin Street Woodland Hills, CA 91367 (818) 251-2901 |

COPYRIGHTS

Copyrights held by Weider Publications, LLC and SYL Communications attached hereto

Weider Publications, Inc. Copyrights^{1, 2}

Titles

| PUBLICATION | REG. NO. | EFFECTIVE DATE |
|--|-----------------|-----------------------|
| Joe Weider's Mr. Olympia Training Encyclopedia/ Joe Weider with Bill Reynolds | TX 3-170-465 | 10/15/1991 |
| Muscle & Fitness Training Notebook | Pending | Pending |
| Complete Book Of Abs | Pending | Pending |
| Natural Health Cookbook | TX 4-049-995 | 5/26/1995 |
| 52 Simple Steps To Natural Health | TX 4-186-837 | 2/27/1996 |

Flex: beyond-the-scenes in the world of body building.

| MONTH. | REG. NO. | EFFECTIVE DATE |
|---------------|-----------------|-----------------------|
| April | TX 1-284-301 | 2/15/1984 |
| May | TX 1-284-305 | 2/15/1984 |
| June | TX 1-197-669 | 8/31/1983 |
| July | TX 1-197-670 | 8/31/1983 |
| August | TX 1-158-711 | 7/25/1983 |
| September | TX 1-158-710 | 7/25/1983 |
| October | TX 1-197-668 | 8/31/1983 |
| November | TX 1-197-472 | 9/28/1983 |
| December | TX 1-208-163 | 10/17/1983 |

Flex: beyond-the-scenes in the world of body building.

| MONTH. | REG. NO. | EFFECTIVE DATE |
|---------------|-----------------|-----------------------|
| January | TX 1-242-103 | 11/28/1983 |
| February | TX 1-256-296 | 12/23/1983 |
| March | TX 1-271-777 | 1/27/1984 |
| April | TX 1-286-925 | 2/21/1984 |
| May | TX 1-313-961 | 3/26/1984 |
| June | TX 1-324-454 | 4/23/1984 |
| July | TX 1-367-766 | 6/18/1984 |
| August | TX 1-392-753 | 7/20/1984 |

¹ Unless otherwise noted, each of the copyrights listed under "Weider Publications, Inc. Copyrights" is owned by Weider Publications, Inc.

² Weider Publications, LLC will become the owner upon execution of the Contribution Agreement, as defined in the Purchase and Contribution Agreement by and among Weider Health and Fitness, Weider Health and Fitness, LLC, Weider Interactive Networks, Inc., Weider Publications, LLC, EMP Group L.L.C., and American Media Operations, Inc., dated as of November 26, 2002.

WPI - COPYRIGHTS

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REEL: 002668 FRAME: 0670

| | | |
|-------------|--------------|------------|
| (2 of them) | TX 1-441-435 | 10/5/1984 |
| October | TX 1-441-703 | 10/9/1984 |
| November | TX 1-446-455 | 11/26/1984 |
| December | TX 1-458-897 | 11/2/1984 |

Flex: beyond-the-scenes in the world of body building.

| MONTH. | REG. NO. | EFFECTIVE DATE |
|-----------|--------------|----------------|
| January | TX 1-466-213 | 11/23/1984 |
| February | TX 1-477-496 | 12/19/1984 |
| March | TX 1-505-572 | 1/25/1985 |
| April | TX 1-528-372 | 2/27/1985 |
| May | TX 1-546-640 | 3/25/1985 |
| June | TX 1-573-913 | 5/2/1985 |
| July | TX 1-618-647 | 7/22/1985 |
| August | TX 1-618-660 | 7/22/1985 |
| September | TX 1-628-151 | 8/1/1985 |
| October | TX 1-640-704 | 8/22/1985 |
| November | TX 1-685-949 | 10/31/1985 |
| December | TX 1-688-146 | 11/4/1985 |

Flex: beyond-the-scenes in the world of body building.

| MONTH. | REG. NO. | EFFECTIVE DATE |
|-----------|--------------|----------------|
| January | TX 1-726-461 | 12/20/1985 |
| February | TX 1-718-848 | 12/23/1985 |
| March | TX 1-752-898 | 2/3/1986 |
| April | TX 1-759-336 | 2/24/1986 |
| May | TX 1-804-520 | 4/25/1986 |
| June | TX 1-804-409 | 4/25/1986 |
| July | TX 1-819-504 | 5/22/1986 |
| August | TX 1-867-689 | 7/7/1986 |
| September | TX 1-868-598 | 7/21/1986 |
| October | TX 1-893-626 | 8/19/1986 |
| November | TX 1-908-077 | 9/17/1986 |
| December | TX 1-936-413 | 10/20/1986 |

Flex: beyond-the-scenes in the world of body building.

| MONTH. | REG. NO. | EFFECTIVE DATE |
|-----------|--------------|----------------|
| January | TX 1-947-152 | 12/8/1986 |
| February | TX 1-977-681 | 12/23/1986 |
| March | TX 1-989-080 | 1/29/1987 |
| April | TX 2-004-894 | 2/26/1987 |
| May | TX 2-034-076 | 4/3/1987 |
| June | TX 2-060-868 | 5/1/1987 |
| July | TX 2-078-089 | 6/8/1987 |
| August | TX 2-083-386 | 6/16/1987 |
| September | TX 2-114-444 | 7/20/1987 |
| October | TX 2-130-295 | 8/19/1987 |
| November | TX 2-148-471 | 9/21/1987 |
| December | TX 2-175-478 | 10/20/1987 |

Flex: beyond-the-scenes in the world of body building.

| MONTH. | REG. NO. | EFFECTIVE DATE |
|-----------|--------------|----------------|
| January | TX 2-193-734 | 11/23/1987 |
| February | TX 2-231-132 | 1/13/1988 |
| March | TX 2-257-908 | 1/29/1988 |
| April | TX 2-248-937 | 2/23/1988 |
| May | TX 2-283-529 | 3/31/1988 |
| June | TX 2-336-697 | 6/28/1988 |
| July | TX 2-295-541 | 6/28/1988 |
| August | TX 2-295-776 | 6/28/1988 |
| September | TX 2-383-453 | 8/15/1988 |
| October | TX 2-381-923 | 8/24/1988 |
| November | TX 2-462-813 | 12/19/1988 |
| December | TX 2-458-961 | 12/20/1988 |

Flex: beyond-the-scenes in the world of body building.

| MONTH. | REG. NO. | EFFECTIVE DATE |
|----------|--------------|----------------|
| January | TX 2-492-828 | 2/6/1989 |
| February | TX 2-462-706 | 12/20/1988 |
| March | TX 2-480-951 | 1/17/1989 |
| April | TX 2-501-753 | 2/21/1989 |
| May | TX 2-534-782 | 4/17/1989 |
| June | TX 2-578-732 | 6/15/1989 |

| | | |
|-----------|--------------|-----------|
| July | TX 2-581-129 | 6/19/1989 |
| August | TX 2-581-806 | 6/19/1989 |
| September | TX 2-583-732 | 6/23/1989 |
| October | TX 2-656-788 | 10/6/1989 |
| November | TX 2-657-253 | 10/6/1989 |
| December | TX 2-674-591 | 11/7/1989 |

Flex: beyond-the-scenes in the world of body building.

| MONTH. | REG. NO. | EFFECTIVE DATE |
|-----------|--------------|----------------|
| January | TX 2-770-421 | 3/13/1990 |
| February | TX 2-773-168 | 3/13/1990 |
| March | TX 2-775-055 | 3/13/1990 |
| April | TX 2-773-653 | 3/15/1990 |
| May | TX 2-823-292 | 4/5/1990 |
| June | TX 2-860-938 | 6/12/1990 |
| July | TX 3-014-968 | 6/13/1990 |
| August | TX 2-861-893 | 7/12/1990 |
| September | TX 2-865-104 | 7/23/1990 |
| October | TX 2-879-387 | 8/21/1990 |
| November | TX 2-909-069 | 9/24/1990 |
| December | TX 2-924-424 | 10/24/1990 |

Flex: beyond-the-scenes in the world of body building.

| MONTH. | REG. NO. | EFFECTIVE DATE |
|-----------|--------------|----------------|
| January | TX 2 948 435 | 11/23/1990 |
| February | TX 2 979 664 | 12/16/1990 |
| March | TX 2 995 299 | 1/22/1991 |
| April | TX 3 018 840 | 2/22/1991 |
| May | TX 3 041 540 | 4/3/1991 |
| June | TX 3 063 888 | 5/2/1991 |
| July | TX 3 073 539 | 5/20/1991 |
| August | TX 3 094 525 | 6/24/1991 |
| September | TX 3 110 014 | 8/5/1991 |
| October | TX 3 126 837 | 8/23/1991 |
| November | TX 3 158 388 | 10/7/1991 |
| December | TX 3 183 189 | 11/1/1991 |

Flex: beyond-the-scenes in the world of body building.

| MONTH | REG. NO. | EFFECTIVE DATE |
|-----------|--------------|----------------|
| January | TX 3 209 351 | 12/4/1991 |
| February | TX 3 216 850 | 12/24/1991 |
| March | TX 3 246 677 | 1/27/1992 |
| April | TX 3 271 448 | 3/10/1992 |
| May | TX 3 278 791 | 3/23/1992 |
| June | TX 3 300 652 | 4/27/1992 |
| July | TX 3 307 880 | 6/2/1992 |
| August | TX 3 334 794 | 6/29/1992 |
| September | TX 3 368 075 | 8/18/1992 |
| October | TX 3 377 218 | 8/24/1992 |
| November | TX 3 409 304 | 10/5/1992 |
| December | TX 3 419 949 | 10/27/1992 |

Flex: beyond-the-scenes in the world of body building.

| MONTH | REG. NO. | EFFECTIVE DATE |
|-----------|--------------|----------------|
| January | TX 3 443 376 | 11/17/1992 |
| February | TX 3 445 561 | 12/11/1992 |
| March | TX 3 458 929 | 1/7/1993 |
| April | TX 3 494 524 | 3/19/1993 |
| May | TX 3 504 308 | 3/15/1993 |
| June | TX 3 520 847 | 4/19/1993 |
| July | TX 3 555 209 | 5/21/1993 |
| August | TX 3 571 683 | 6/7/1993 |
| September | TX 3 588 059 | 7/9/1993 |
| October | TX 3 621 489 | 8/9/1993 |
| November | TX 3 640 885 | 9/13/1993 |
| December | TX 3 629 977 | 10/8/1993 |

Flex: beyond-the-scenes in the world of body building.

| MONTH | REG. NO. | EFFECTIVE DATE |
|----------|--------------|----------------|
| January | TX 3 689 083 | 12/9/1993 |
| February | TX 3 689 082 | 12/9/1993 |
| March | TX 3 670 608 | 1/11/1994 |
| April | TX 3 762 074 | 2/14/1994 |
| May | TX 3 802 957 | 3/25/1994 |
| June | TX 3 828 428 | 4/20/1994 |
| July | TX 3 841 121 | 5/20/1994 |

WPI - COPYRIGHTS

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| | | |
|-----------|--------------|------------|
| August | TX 3 842 107 | 7/21/1994 |
| September | TX 3 842 132 | 7/25/1994 |
| October | TX 3 893 932 | 9/14/1994 |
| November | TX 3 893 931 | 9/14/1994 |
| December | TX 3 936 422 | 11/14/1994 |

Flex: beyond-the-scenes in the world of body building.

| MONTH | REG. NO. | EFFECTIVE DATE |
|--------------------------------|--------------|----------------|
| January | TX 3 936 423 | 11/14/1994 |
| February | TX 3 967 185 | 1/11/1995 |
| March | TX 4 002 453 | 2/27/1995 |
| April | TX 3 813 075 | 4/11/1995 |
| May | TX 4 018 286 | 4/11/1995 |
| June | TX 4 026 252 | 5/2/1995 |
| Summer, 1995 - Special Edition | TX 4 040 370 | 5/18/1995 |
| July | TX 4 045 089 | 6/19/1995 |
| August | TX 4 100 212 | 7/18/1995 |
| September | TX 4 135 316 | 9/1/1995 |
| October | TX 4 126 574 | 10/5/1995 |
| November | TX 4 174 286 | 10/16/1995 |
| December | TX 4 156 548 | 11/24/1995 |

Flex: beyond-the-scenes in the world of body building.

| MONTH | REG. NO. | EFFECTIVE DATE |
|-----------|--------------|----------------|
| January | TX 4-230-423 | 1/5/1996 |
| February | TX 4-233-276 | 3/29/1996 |
| March | TX 4-176-318 | 2/26/1996 |
| April | TX 4-256-551 | 4/5/1996 |
| May | TX 4-282-572 | 5/10/1996 |
| June | TX 4-180-091 | 5/24/1996 |
| July | TX 4-301-577 | 6/17/1996 |
| August | TX 4-316-424 | 7/26/1996 |
| September | TX 4-328-232 | 8/12/1996 |
| October | TX 4-389-192 | 11/13/1996 |
| November | TX 4-349-155 | 10/15/1996 |
| December | TX 4-378-287 | 11/18/1996 |

Flex: beyond-the-scenes in the world of body building.

| MONTH | REG. NO. | EFFECTIVE DATE |
|-----------|--------------|----------------|
| January | TX 4-409-736 | 1/3/1997 |
| February | TX 4-269-751 | 1/27/1997 |
| March | TX 4-431-171 | 2/18/1997 |
| April | TX 4-452-566 | 3/18/1997 |
| May | TX 4-467-908 | 4/15/1997 |
| June | TX 4-474-162 | 5/12/1997 |
| July | TX 4-491-239 | 6/9/1997 |
| August | TX 4-515-243 | 7/10/1997 |
| September | TX 4-529-114 | 8/25/1997 |
| October | TX 4-565-124 | 10/24/1997 |
| November | TX 4-560-539 | 10/22/1997 |
| December | TX 4-584-463 | 11/24/1997 |

Flex: beyond-the-scenes in the world of body building.

| MONTH | REG. NO. | EFFECTIVE DATE |
|-----------|--------------|----------------|
| January | TX 4-608-485 | 12/23/1997 |
| February | TX 4-610-200 | 1/8/1998 |
| March | TX 4-629-480 | 3/2/1998 |
| April | TX 4-644-988 | 3/19/1998 |
| May | TX 4-694-464 | 5/11/1998 |
| June | TX 4-692-864 | 5/20/1998 |
| July | TX 4-835-087 | 2/2/1999 |
| August | TX 4-723-059 | 7/16/1998 |
| September | TX 4-741-646 | 8/14/1998 |
| October | TX 4-812-567 | 2/2/1999 |
| November | TX 4-798-901 | 11/18/1998 |
| December | TX 4-796-979 | 11/16/1998 |

Flex: beyond-the-scenes in the world of body building.

| MONTH | REG. NO. | EFFECTIVE DATE |
|----------|--------------|----------------|
| January | TX 4-814-910 | 12/22/1998 |
| February | TX 4-824-689 | 1/19/1999 |
| March | TX 4-833-142 | 2/8/1999 |
| April | TX 4-854-426 | 3/9/1999 |
| May | TX 4-885-264 | 4/19/1999 |
| June | TX 4-906-213 | 5/14/1999 |
| July | TX 4-947-373 | 7/23/1999 |

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WPI - COPYRIGHTS

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REEL: 002668 FRAME: 0676

| | | |
|-----------|--------------|------------|
| August | TX 4-948-979 | 7/26/1999 |
| September | TX 4-952-506 | 8/9/1999 |
| October | TX 5-005-028 | 10/15/1999 |
| November | TX 5-009-312 | 11/8/1999 |
| December | TX 5-009-126 | 11/8/1999 |

Flex: beyond-the-scenes in the world of body building.

| MONTH | REG. NO. | EFFECTIVE DATE |
|-----------|--------------|----------------|
| January | TX 5-050-969 | 1/24/2000 |
| February | TX 5-054-263 | 2/2/2000 |
| March | TX 5-055-197 | 2/14/2000 |
| April | TX 5-121-028 | 3/13/2000 |
| May | TX 5-088-861 | 4/21/2000 |
| June | TX 5-096-786 | 5/22/2000 |
| July | TX 5-214-392 | 7/5/2000 |
| August | TX 5-159-330 | 8/28/2000 |
| September | TX 5-165-745 | 9/11/2000 |
| October | TX 5-197-393 | 11/13/2000 |
| November | TX 5-229-114 | 11/20/2000 |
| December | TX 5-334-259 | 5/14/2001 |

Flex: beyond-the-scenes in the world of body building.

| MONTH | REG. NO. | EFFECTIVE DATE |
|----------------|--------------|----------------|
| January | TX 5-324-834 | 2/27/2001 |
| February | TX 5-255-431 | 2/26/2001 |
| March | TX 5-264-850 | 3/7/2001 |
| April | TX 5-299-584 | 4/5/2001 |
| May | TX 5-334-260 | 5/14/2001 |
| June 2001 | TX 5-385-257 | 6/25/2001 |
| July 2001 | TX 5-402-332 | 8/13/2001 |
| August 2001 | TX 5-402-337 | 8/13/2001 |
| September 2001 | TX 5-428-613 | 10/5/2001 |
| October 2001 | TX5-456-373 | 10/15/2001 |
| November 2001 | TX 5-531-396 | 12/10/2001 |
| December 2001 | TX 5-531-395 | 12/10/2001 |

Flex: beyond-the-scenes in the world of body building.

| MONTH | REG. NO. | EFFECTIVE DATE |
|----------------|--------------|----------------|
| January 2002 | TX 5-512-887 | 4/8/2002 |
| February 2002 | TX 5-513-987 | 3/18/2002 |
| March 2002 | TX 5-558-018 | 4/25/2002 |
| April 2002 | TX 5-558-019 | 4/25/2002 |
| May 2002 | TX 5-546-200 | 4/25/2002 |
| June 2002 | TX 5-593-385 | 8/14/2002 |
| July 2002 | Pending | Pending |
| August 2002 | Pending | Pending |
| September 2002 | Pending | Pending |
| October 2002 | Pending | Pending |
| November 2002 | Pending | Pending |
| December 2002 | Pending | Pending |

Muscle & fitness.**Copyright Registrations**

| MONTH. | REG. NO. | EFFECTIVE DATE |
|-----------|--------------|----------------|
| January | TX 1-297-340 | 2/16/1984 |
| February | TX 1-284-302 | 2/15/1984 |
| March | TX 1-284-303 | 2/15/1984 |
| April | TX 1-284-304 | 2/15/1984 |
| May | TX 1-275-871 | 2/2/1984 |
| June | TX 1-183-674 | 9/6/1983 |
| July | TX 1-275-892 | 2/2/1984 |
| August | TX 1-284-665 | 2/2/1984 |
| September | TX 1-183-719 | 9/6/1983 |
| October | TX 1-183-681 | 9/6/1983 |
| November | TX 1-218-154 | 11/4/1983 |
| December | TX 1-208-297 | 10/17/1983 |

Muscle & fitness.

| MONTH. | REG. NO. | EFFECTIVE DATE |
|----------|--------------|----------------|
| January | TX 1-247-078 | 12/13/1983 |
| February | TX 1-259-836 | 1/3/1984 |
| March | TX 1-284-666 | 2/2/1984 |
| April | TX 1-297-662 | 3/5/1984 |
| May | TX 1-323-151 | 4/18/1984 |
| June | TX 1-339-766 | 5/10/1984 |

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TRADEMARK
REEL: 002668 FRAME: 0678

| | | |
|------------------|--------------|-----------|
| July | TX 1-367-424 | 6/18/1984 |
| | TX 1-440-837 | 10/4/1984 |
| August | TX 1-441-720 | 10/9/1984 |
| | TX 1-441-436 | 10/5/1984 |
| | TX 1-392-656 | 7/20/1984 |
| September | TX 1-406-539 | 8/13/1984 |
| September | TX 1-441-603 | 10/9/1984 |
| October (celeb) | TX 1-472-391 | 10/5/1984 |
| | TX 1-472-390 | 10/5/1984 |
| November | TX 1-460-814 | 11/9/1984 |
| December (celeb) | TX 1-467-977 | 12/3/1984 |

Muscle & fitness.

| MONTH. | REG. NO. | EFFECTIVE DATE |
|-----------------|--------------|----------------|
| January (celeb) | TX 1-467-988 | 12/3/1984 |
| | TX 1-467-449 | 11/29/1984 |
| February | TX 1-505-548 | 1/25/1985 |
| | TX 1-486-522 | 1/4/1985 |
| March | TX 1-512-084 | 2/4/1985 |
| April | TX 1-530-743 | 3/4/1985 |
| May | TX 1-574-583 | 5/3/1985 |
| June | TX 1-618-545 | 7/22/1985 |
| July | TX 1-618-661 | 7/22/1985 |
| August | TX 1-618-540 | 7/22/1985 |
| September | TX 1-640-705 | 8/22/1985 |
| October | TX 1-650-157 | 9/3/1985 |
| November | TX 1-692-205 | 11/1/1985 |
| December | TX 1-692-206 | 11/1/1985 |

Muscle & fitness.

| MONTH. | REG. NO. | EFFECTIVE DATE |
|----------|--------------|----------------|
| January | TX 1-718-118 | 12/23/1985 |
| February | TX 1-731-652 | 1/7/1986 |
| March | TX 1-762-198 | 2/24/1986 |
| April | TX 1-789-996 | 3/25/1986 |
| May | TX 1-822-924 | 4/28/1986 |
| June | TX 1-818-960 | 5/6/1986 |
| July | TX 1-827-692 | 6/12/1986 |
| August | TX 1-860-360 | 7/7/1986 |

| | | |
|-----------|--------------|-----------|
| September | TX 1-886-292 | 7/29/1986 |
| October | TX 1-900-873 | 9/5/1986 |
| November | TX 1-923-740 | 10/7/1986 |
| December | TX 1-923-954 | 11/3/1986 |

Muscle & fitness.

| MONTH. | REG. NO. | EFFECTIVE DATE |
|-----------|--------------|----------------|
| January | TX 1-967-251 | 12/8/1986 |
| February | TX 1-991-128 | 1/29/1987 |
| March | TX 1-998-095 | 2/10/1987 |
| April | TX 2-005-870 | 3/5/1987 |
| May | TX 2-049-815 | 4/6/1987 |
| June | TX 2-064-685 | 5/4/1987 |
| July | TX 2-083-451 | 6/9/1987 |
| August | TX 2-114-232 | 7/17/1987 |
| September | TX 2-115-735 | 8/3/1987 |
| October | TX 2-141-614 | 9/4/1987 |
| November | TX 2-168-947 | 10/8/1987 |
| December | TX 2-198-363 | 11/6/1987 |

Muscle & fitness.

| MONTH. | REG. NO. | EFFECTIVE DATE |
|-----------|--------------|----------------|
| January | TX 2-198-038 | 12/7/1987 |
| February | TX 3-199-073 | 8/20/1991 |
| March | TX 2-257-909 | 1/29/1988 |
| April | TX 2-283-492 | 3/31/1988 |
| May | TX 2-299-638 | 4/29/1988 |
| June | TX 2-337-651 | 6/27/1988 |
| July | TX 2-337-682 | 6/28/1988 |
| August | | |
| September | TX 2-368-358 | 8/12/1988 |
| October | TX 2-393-645 | 9/19/1988 |
| November | TX 2-456-755 | 12/16/1988 |
| December | TX 2-492-829 | 2/6/1989 |

Muscle & fitness.

| MONTH. | REG. NO. | EFFECTIVE DATE |
|-----------|--------------|----------------|
| January | TX 2-456-784 | 12/16/1988 |
| February | TX 2-476-987 | 1/17/1989 |
| March | TX 2-491-316 | 2/6/1989 |
| April | TX 2-510-049 | 3/6/1989 |
| May | TX 2-537-292 | 4/17/1989 |
| June | TX 2-581-059 | 6/19/1989 |
| July | TX 2-575-869 | 6/21/1989 |
| August | TX 2-584-567 | 6/23/1989 |
| September | TX 2-609-278 | 8/3/1989 |
| October | TX 2-651-070 | 9/4/1990 |
| November | TX 2-891-141 | 8/27/1990 |
| December | TX 2-676-969 | 11/7/1989 |

Muscle & fitness.

| MONTH. | REG. NO. | EFFECTIVE DATE |
|-----------|--------------|----------------|
| January | TX 2-768-531 | 3/7/1990 |
| February | TX 2-768-530 | 3/7/1990 |
| March | TX 2-912-935 | 10/3/1990 |
| April | TX 2-769-054 | 3/7/1990 |
| May | TX 2-862-179 | 7/20/1990 |
| June | TX 3-014-969 | 6/13/1990 |
| July | TX 2-844-451 | 6/21/1990 |
| August | TX 2-852-494 | 7/2/1990 |
| September | TX 2-876-726 | 8/6/1990 |
| October | TX 2-895-205 | 9/6/1990 |
| November | TX 2-909-423 | 10/1/1990 |
| December | | |

Muscle & fitness.

| MONTH. | REG. NO. | EFFECTIVE DATE |
|----------|--------------|----------------|
| January | TX 2 964 243 | 12/18/1990 |
| February | TX 3 004 757 | 1/2/1991 |
| March | TX 3 007 362 | 2/6/1991 |
| April | TX 3 039 901 | 3/18/1991 |
| May | TX 3 058 332 | 4/19/1991 |
| June | TX 3 069 884 | 5/28/1991 |
| July | TX 3 094 154 | 6/17/1991 |

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REEL: 002668 FRAME: 0681

| | | |
|-----------|--------------|------------|
| August | TX 3 116 912 | 7/5/1991 |
| September | TX 3 129 139 | 8/2/1991 |
| October | TX 3 151 556 | 9/23/1991 |
| November | TX 3 182 188 | 11/1/1991 |
| December | TX 3 195 866 | 11/13/1991 |

Muscle & fitness.

| MONTH. | REG. NO. | EFFECTIVE DATE |
|-----------|--------------|----------------|
| January | TX 3 200 327 | 12/2/1991 |
| February | TX 3 213 603 | 1/7/1992 |
| March | TX 3 256 383 | 2/18/1992 |
| April | TX 3 265 576 | 3/3/1992 |
| May | TX 3 285 792 | 4/6/1992 |
| June | TX 3 301 874 | 5/13/1992 |
| July | TX 3 329 616 | 6/15/1992 |
| August | TX 3 343 917 | 7/10/1992 |
| September | TX 3 377 217 | 8/19/1992 |
| October | TX3 398 446 | 9/10/1997 |
| November | TX 3 409 120 | 10/19/1992 |
| December | TX 3 478 605 | 11/16/1992 |

Muscle & fitness.

| MONTH | REG. NO. | EFFECTIVE DATE |
|-----------|--------------|----------------|
| January | TX 3 447 979 | 12/16/1992 |
| February | TX 3 450 067 | 1/5/1993 |
| March | TX 3 480 930 | 2/8/1993 |
| April | TX 3 494 523 | 3/19/1993 |
| May | TX 3 519 785 | 3/30/1993 |
| June | TX 3 568 761 | 5/21/1993 |
| July | TX 3 576 526 | 6/8/1993 |
| August | TX 3 589 307 | 7/7/1993 |
| September | TX 3 646 617 | 7/30/1993 |
| October | TX 3 631 977 | 8/30/1993 |
| November | TX 3 687 344 | 10/8/1993 |
| December | TX 3 736 684 | 11/2/1993 |

Muscle & fitness.

| MONTH | REG. NO. | EFFECTIVE DATE |
|-----------|--------------|----------------|
| January | TX 3-694-278 | 12/10/1993 |
| February | TX 3-702-746 | 1/4/1994 |
| March | TX 3-746-733 | 2/4/1994 |
| April | TX 3-802-958 | 3/25/1994 |
| May | TX 3-803-321 | 4/19/1994 |
| June | TX 3-867-578 | 5/19/1994 |
| July | TX 3-883-384 | 9/16/1994 |
| August | TX 3-895-478 | 7/25/1994 |
| September | TX 3-894-081 | 9/16/1994 |
| October | TX 3-904-545 | 9/19/1994 |
| November | TX 3-930-981 | 10/24/1994 |
| December | TX 3-936-264 | 11/14/1994 |

Muscle & fitness.

| MONTH. | REG. NO. | EFFECTIVE DATE |
|-----------|--------------|----------------|
| January | TX 3 967 190 | 1/11/1995 |
| February | TX 4 002 534 | 2/27/1995 |
| March | TX 3 990 052 | 2/24/1995 |
| April | TX 4 007 346 | 4/11/1995 |
| May | TX 4 026 041 | 5/3/1995 |
| June | TX 4 026 250 | 5/3/1995 |
| July | TX 4 142 279 | 9/5/1995 |
| August | TX 4 066 812 | 7/18/1995 |
| September | TX 4 129 436 | 9/1/1995 |
| October | TX 4 126 611 | 10/5/1995 |
| November | TX 4 160 948 | 10/16/1995 |
| December | TX 4 148 795 | 11/24/1995 |

Muscle & fitness.

| MONTH. | REG. NO. | EFFECTIVE DATE |
|----------|--------------|----------------|
| January | TX 4-238-981 | 1/11/1996 |
| February | TX 4-240-591 | 2/20/1996 |
| March | TX 4-206-032 | 2/26/1996 |
| April | TX 4-245-376 | 4/1/1996 |
| May | TX 4-195-752 | 4/26/1996 |
| June | TX 4-180-103 | 5/24/1996 |
| July | TX 4-304-208 | 6/17/1996 |

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TRADEMARK
REEL: 002668 FRAME: 0683

| | | |
|-----------|--------------|------------|
| August | TX 4-304-463 | 8/19/1996 |
| September | TX 4-315-805 | 8/8/1996 |
| October | TX 4-324-225 | 9/6/1996 |
| November | TX 4-349-456 | 10/7/1996 |
| December | TX 4-378-392 | 11/15/1996 |

Muscle & fitness.

| MONTH. | REG. NO. | EFFECTIVE DATE |
|-----------|--------------|----------------|
| January | TX 4-409-831 | 1/3/1997 |
| February | TX 4-423-652 | 1/28/1997 |
| March | TX 4-421-093 | 2/3/1997 |
| April | TX 4-449-419 | 3/24/1997 |
| May | TX 4-466-682 | 4/11/1997 |
| June | TX 4-485-248 | 5/12/1997 |
| July | TX 4-529-203 | 8/25/1997 |
| August | TX 4-515-244 | 7/11/1997 |
| September | TX 4-533-997 | 8/25/1997 |
| October | TX 4-534-462 | 9/8/1997 |
| November | TX 4-550-795 | 10/6/1997 |
| December | TX 4-580-543 | 11/18/1997 |

Muscle & fitness.

| MONTH. | REG. NO. | EFFECTIVE DATE |
|-----------|--------------|----------------|
| January | TX 4-608-568 | 12/23/1997 |
| February | TX 4-609-820 | 1/14/1998 |
| March | TX 4-620-384 | 2/2/1998 |
| April | TX 4-634-976 | 3/18/1998 |
| May | TX 4-660-621 | 4/6/1998 |
| June | TX 4-682-289 | 5/11/1998 |
| July | TX 4-711-633 | 6/9/1998 |
| August | TX 4-722-995 | 7/6/1998 |
| September | TX 4-734-443 | 9/3/1998 |
| October | TX 4-759-276 | 9/8/1998 |
| November | TX 4-804-074 | 11/23/1998 |
| December | TX 4-798-888 | 11/18/1998 |

Muscle & fitness.

| MONTH. | REG. NO. | EFFECTIVE DATE |
|-----------|--------------|----------------|
| January | TX 4-814-911 | 12/22/1998 |
| February | TX 4-837-362 | 1/29/1999 |
| March | TX 4-835-085 | 2/2/1999 |
| April | TX 4-947-374 | 7/23/1999 |
| May | TX 4-885-260 | 4/19/1999 |
| June | TX 4-948-950 | 7/26/1999 |
| July | TX 4-929-562 | 6/23/1999 |
| August | TX 4-947-482 | 7/20/1999 |
| September | TX 4-956-308 | 8/9/1999 |
| October | TX 3-768-051 | 10/6/1999 |
| November | TX 4-995-322 | 10/4/1999 |
| December | TX 5-009-125 | 11/8/1999 |

Muscle & fitness.

| MONTH. | REG. NO. | EFFECTIVE DATE |
|-----------|--------------|----------------|
| January | TX 5-049-133 | 1/24/2000 |
| February | TX 5-052-734 | 1/31/2000 |
| March | TX 5-148-480 | 1/31/2000 |
| April | TX 5-148-479 | 3/2/2000 |
| May | TX 5-088-865 | 4/26/2000 |
| June | TX 5-097-676 | 5/22/2000 |
| July | TX 5-131-521 | 6/30/2000 |
| August | TX 5-159-563 | 8/31/2000 |
| September | TX 5-170-372 | 9/11/2000 |
| October | TX 5-202-371 | 11/14/2000 |
| November | TX 5-224-849 | 12/19/2000 |
| December | TX 5-233-903 | 12/18/2000 |

Muscle & fitness.

| MONTH. | REG. NO. | EFFECTIVE DATE |
|-----------|--------------|----------------|
| January | TX 5-262-991 | 2/27/2001 |
| February | TX 5-273-640 | 2/27/2001 |
| March | TX 5-281-886 | 3/2/2001 |
| April | TX 5-281-885 | 3/2/2001 |
| May 2001 | TX 5-362-729 | 6/25/2001 |
| June | TX 5-338-698 | 5/14/2001 |
| July 2001 | TX 5-365-602 | 6/25/2001 |

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TRADEMARK
REEL: 002668 FRAME: 0685

| | | |
|----------------|--------------|------------|
| August 2001 | TX 5-398-537 | 8/13/2001 |
| September 2001 | TX 5-402-335 | 8/13/2001 |
| October 2001 | TX5-526-313 | 12/10/2001 |
| November 2001 | TX5-531-397 | 12/10/2001 |
| December 2001 | TX 5-549-867 | 12/27/2001 |

Muscle & fitness.

| MONTH. | REG. NO. | EFFECTIVE DATE |
|----------------|--------------|----------------|
| January 2002 | TX 5-513-988 | 3/15/2002 |
| February 2002 | TX 5-505-133 | 4/25/2002 |
| March 2002 | TX 5-505-132 | 4/25/2002 |
| April 2002 | TX 5-549-800 | 4/25/2002 |
| May 2002 | TX 5-505-131 | 4/25/2002 |
| June 2002 | TX 5-593-384 | 8/14/2002 |
| July 2002 | Pending | Pending |
| August 2002 | TX 5-593-383 | 8/14/2002 |
| September 2002 | Pending | Pending |
| October 2002 | TX 5-613-584 | 10/10/2002 |
| November 2002 | Pending | Pending |
| December 2002 | Pending | Pending |

Joe Weider's Prime health & fitness.
Copyright Registrations

| MONTH | REG. NO. | EFFECTIVE DATE |
|--------------|--------------|----------------|
| Winter, 1995 | TX 4 191 664 | 11/27/1995 |

Joe Weider's Prime health & fitness.

| MONTH | REG. NO. | EFFECTIVE DATE |
|-------------|--------------|----------------|
| Spring 1996 | TX 4-024-975 | 3/1/1996 |
| Summer 1996 | TX 4-180-262 | 4/29/1996 |
| Fall 1996 | TX 4-316-152 | 7/29/1996 |
| Winter 1996 | TX 4-357-707 | 10/28/1996 |

Joe Weider's Prime health & fitness.

| MONTH | REG. NO. | EFFECTIVE DATE |
|-------|----------|----------------|
|-------|----------|----------------|

| | | |
|-------------|--------------|-----------|
| Spring 1997 | TX 4-396-380 | 1/29/1997 |
| Summer 1997 | TX 4-465-959 | 5/5/1997 |
| Fall 1997 | TX 4-533-693 | 8/25/1997 |
| Winter 1997 | TX-578-201 | 11/3/1997 |

Joe Weider's Prime health & fitness.

| MONTH. | REG. NO. | EFFECTIVE DATE |
|-------------|--------------|----------------|
| Summer 1998 | TX 4-664-446 | 5/12/1998 |
| Fall 1998 | TX 4-737-945 | 7/30/1998 |

**Joe Weider's Men's fitness [the healthy man's guide to living].
Copyright Registrations**

| MONTH. | REG. NO. | EFFECTIVE DATE |
|-----------|--------------|----------------|
| August | TX 2-119-311 | 7/27/1987 |
| September | TX 2-115-581 | 8/3/1987 |
| October | TX 2-139-895 | 9/4/1987 |
| November | TX 2-167-863 | 10/20/1987 |
| December | TX 2-142-174 | 11/23/1987 |

Joe Weider's Men's fitness [the healthy man's guide to living].

| MONTH. | REG. NO. | EFFECTIVE DATE |
|-----------|--------------|----------------|
| January | TX 2-237-865 | 1/15/1988 |
| February | TX 2-237-866 | 1/15/1988 |
| March | TX 2-246-620 | 2/9/1988 |
| April | TX 2-285-051 | 3/31/1988 |
| May | TX 2-297-643 | 4/28/1988 |
| June | TX 2-356-135 | 6/28/1988 |
| July | TX 2-337-675 | 6/28/1988 |
| August | TX 2-374-337 | 8/12/1988 |
| September | TX 2-483-198 | 8/26/1988 |
| October | TX 2-391-084 | 9/16/1988 |
| November | TX 2-458-912 | 12/20/1988 |
| December | TX 2-461-911 | 12/20/1988 |

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TRADEMARK
REEL: 002668 FRAME: 0687

Joe Weider's Men's fitness [the healthy man's guide to living].

| MONTH. | REG. NO. | EFFECTIVE DATE |
|-----------|--------------|----------------|
| January | TX 2-461-912 | 12/20/1988 |
| February | TX 2-480-662 | 1/17/1989 |
| March | TX 2-493-447 | 2/10/1989 |
| April | TX 2-507-933 | 3/13/1989 |
| May | TX 2-568-383 | 3/31/1989 |
| June | TX 2-600-824 | 7/17/1989 |
| July | TX 2-571-965 | 5/31/1989 |
| August | TX 2-590-427 | 6/23/1989 |
| September | TX 2-649-443 | 9/28/1989 |
| October | TX 2-649-442 | 9/28/1989 |
| November | TX 2-678-868 | 11/8/1989 |
| December | TX 2-687-985 | 11/20/1989 |

Joe Weider's Men's fitness [the healthy man's guide to living].

| MONTH. | REG. NO. | EFFECTIVE DATE |
|-----------|--------------|----------------|
| January | TX 2-769-046 | 3/6/1990 |
| February | TX 2-760-318 | 2/26/1990 |
| March | TX 2-760-224 | 2/26/1990 |
| April | TX 2-795-093 | 4/5/1990 |
| May | TX 2-844-403 | 6/12/1990 |
| June | TX 2-874-542 | 6/14/1990 |
| July | TX 2-845-078 | 6/12/1990 |
| August | TX 2-862-185 | 7/20/1990 |
| September | TX 2-876-727 | 8/6/1990 |
| October | TX 2-904-064 | 9/17/1990 |
| November | TX 2-924-731 | 10/22/1990 |
| December | TX 2-942-790 | 11/19/1990 |

Joe Weider's Men's fitness [the healthy man's guide to living].

| MONTH. | REG. NO. | EFFECTIVE DATE |
|----------|--------------|----------------|
| January | TX 2 978-227 | 1/2/1991 |
| February | TX 2 995-298 | 1/22/1991 |
| March | TX 3-031-873 | 3/8/1991 |
| April | TX 3-031-877 | 3/18/1991 |
| May | TX 3-046-313 | 4/16/1991 |
| June | TX 3-078-847 | 5/17/1991 |

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TRADEMARK
REEL: 002668 FRAME: 0688

| | | |
|-----------|--------------|------------|
| July | TX 3-090-307 | 6/18/1991 |
| August | TX 3-099-479 | 7/17/1991 |
| September | TX 3-121-717 | 8/16/1991 |
| October | TX 3-155-955 | 10/8/1991 |
| November | TX 3-156-451 | 10/21/1991 |
| December | TX 3-199-805 | 11/22/1991 |

Joe Weider's Men's fitness [the healthy man's guide to living].

| MONTH. | REG. NO. | EFFECTIVE DATE |
|-----------|--------------|----------------|
| January | TX 3-214-082 | 12/23/1991 |
| February | TX 3-246-679 | 1/27/1992 |
| March | TX 3-275-293 | 3/25/1992 |
| April | TX 3-278-789 | 3/23/1992 |
| May | TX 3-300-348 | 4/20/1992 |
| June | TX 3-314-250 | 5/26/1992 |
| July | TX 3-328-314 | 6/15/1992 |
| August | TX 3-350-502 | 7/20/1992 |
| September | TX 3-375-566 | 8/21/1992 |
| October | TX 3-409-302 | 10/6/1992 |
| November | TX 3-409-348 | 10/19/1992 |
| December | TX 3-411-640 | 11/12/1992 |

Joe Weider's Men's fitness [the healthy man's guide to living].

| MONTH | REG. NO. | EFFECTIVE DATE |
|-----------|--------------|----------------|
| January | TX 3 448 205 | 12/21/1992 |
| February | TX 3 460 331 | 1/19/1993 |
| March | TX 3 493 901 | 2/16/1993 |
| April | TX 3 494 344 | 3/19/1993 |
| May | TX 3 555 163 | 5/21/1993 |
| June | TX 3 555 553 | 5/21/1993 |
| July | TX 3 553 625 | 6/18/1993 |
| August | TX 3 599 956 | 7/16/1993 |
| September | TX 3 620 444 | 8/17/1993 |
| October | TX 3 641 175 | 9/20/1993 |
| November | TX 3 662 175 | 10/26/1993 |
| December | TX 3 671 923 | 11/22/1993 |

Joe Weider's Men's fitness [the healthy man's guide to living].

| MONTH | REG. NO. | EFFECTIVE DATE |
|-----------|--------------|----------------|
| January | TX 3-735-853 | 12/21/1993 |
| February | TX 3-787-096 | 1/28/1994 |
| March | TX 3-755-267 | 2/23/1994 |
| April | TX 3-670-743 | 3/25/1994 |
| May | TX 3-801-487 | 5/3/1994 |
| June | TX 3-831-766 | 5/17/1994 |
| July | TX 3-846-527 | 6/27/1994 |
| August | TX 3-844-403 | 7/25/1994 |
| September | TX 3-894-928 | 9/16/1994 |
| October | TX 3-917-905 | 10/21/1994 |
| November | TX 3-917-900 | 10/21/1994 |
| December | TX 3-963-458 | 1/11/1995 |

Joe Weider's Men's fitness [the healthy man's guide to living].

| MONTH. | REG. NO. | EFFECTIVE DATE |
|-----------|--------------|----------------|
| January | TX 3-967-188 | 1/11/1995 |
| February | TX 3-990-045 | 2/24/1995 |
| March | TX 4-016-799 | 4/12/1995 |
| April | TX 4-026-093 | 5/2/1995 |
| May | TX 4-016-108 | 5/19/1995 |
| June | TX 4-099-895 | 6/19/1995 |
| July | TX 4-052-994 | 6/26/1995 |
| August | TX 4-096-785 | 7/24/1995 |
| September | TX 4-208-632 | 9/1/1995 |
| October | TX 4-126-612 | 10/5/1995 |
| November | TX 4-166-426 | 10/17/1995 |
| December | TX 4-159-283 | 12/18/1995 |

Joe Weider's Men's fitness [the healthy man's guide to living].

| MONTH. | REG. NO. | EFFECTIVE DATE |
|----------|--------------|----------------|
| January | TX 4 180 370 | 1/11/1996 |
| February | TX 4-245-413 | 2/15/1996 |
| March | TX 4-224-149 | 3/7/1996 |
| April | TX 4-223-274 | 4/8/1996 |
| May | TX 4-213-855 | 4/26/1996 |
| June | TX 4-180-102 | 5/24/1996 |

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TRADEMARK
REEL: 002668 FRAME: 0690

| | | |
|-----------|--------------|------------|
| July | TX 4-301-576 | 6/17/1996 |
| August | TX 4-320-431 | 7/31/1996 |
| September | TX 4-335-790 | 8/26/1996 |
| October | TX 4-343-108 | 9/23/1996 |
| November | TX 4-356-766 | 10/15/1996 |
| December | TX 4-390-356 | 12/3/1996 |

Joe Weider's Men's fitness [the healthy man's guide to living].

| MONTH. | REG. NO. | EFFECTIVE DATE |
|-----------|--------------|----------------|
| January | TX 4-398-783 | 1/3/1997 |
| February | TX 4-423-632 | 1/28/1997 |
| March | TX 4-432-660 | 2/18/1997 |
| April | TX 4-473-657 | 4/28/1997 |
| May | TX 4-467-809 | 4/14/1997 |
| June | TX 4-495-836 | 5/27/1997 |
| July | TX 4-529-204 | 8/25/1997 |
| August | TX 4-513-371 | 7/15/1997 |
| September | TX 4-533-881 | 8/25/1997 |
| October | TX 4-579-508 | 11/5/1997 |
| November | TX 4-458-465 | 11/18/1997 |
| December | TX 4-584-464 | 11/24/1997 |

Joe Weider's Men's fitness [the healthy man's guide to living].

| MONTH. | REG. NO. | EFFECTIVE DATE |
|-----------|--------------|----------------|
| January | TX 4-604-841 | 1/5/1998 |
| February | TX 4-620-743 | 2/2/1998 |
| March | TX 4-629-696 | 3/21/1998 |
| April | TX 4-650-473 | 4/1/1998 |
| May | TX 4-682-037 | 5/11/1998 |
| June | TX 4-694-610 | 5/21/1998 |
| July | TX 4-722-332 | 6/26/1998 |
| August | TX 4-734-776 | 7/22/1998 |
| September | TX 4-624-631 | 8/20/1998 |
| October | TX 4-766-370 | 9/14/1998 |
| November | TX 4-798-898 | 11/18/1998 |
| December | TX 4-801-637 | 12/10/1998 |

Joe Weider's Men's fitness [the healthy man's guide to living].

| MONTH. | REG. NO. | EFFECTIVE DATE |
|-----------|--------------|----------------|
| January | TX 4-820-112 | 12/22/1998 |
| February | TX 4-824-380 | 1/19/1999 |
| March | TX 4-840-384 | 2/18/1999 |
| April | TX 4-859-602 | 3/23/1999 |
| May | TX 4-885-278 | 4/19/1999 |
| June | TX 4-935-566 | 6/23/1999 |
| July | TX 4-935-503 | 6/28/1999 |
| August | TX 4-949-012 | 7/23/1999 |
| September | TX 4-964-304 | 8/23/1999 |
| October | TX 5-004-636 | 10/4/1999 |
| November | TX 5-009-127 | 11/8/1999 |
| December | TX 5-036-083 | 12/27/1999 |

Joe Weider's Men's fitness [the healthy man's guide to living].

| MONTH. | REG. NO. | EFFECTIVE DATE |
|-----------|--------------|----------------|
| January | TX 5-049-120 | 1/24/2000 |
| February | TX 5-052-412 | 1/31/2000 |
| March | TX 5-058-221 | 2/14/2000 |
| April | TX 5-088-131 | 4/24/2000 |
| May | TX 5-089-091 | 4/26/2000 |
| June | TX 5-097-534 | 5/22/2000 |
| July | TX 5-139-518 | 6/30/2000 |
| August | TX-5-159-406 | 8/30/2000 |
| September | TX 5-164-832 | 9/11/2000 |
| October | TX 5-209-046 | 11/14/2000 |
| November | TX 5-248-106 | 12/19/2000 |
| December | TX 5-229-158 | 12/18/2000 |

Joe Weider's Men's fitness [the healthy man's guide to living].

| MONTH. | REG. NO. | EFFECTIVE DATE |
|-----------|--------------|----------------|
| January | TX 5-262-992 | 2/27/2001 |
| February | TX 5-273-639 | 2/27/2001 |
| March | TX 5-273-570 | 2/27/2001 |
| April | TX 5-298-974 | 4/5/2001 |
| May | TX5-320-989 | 5/14/2001 |
| June 2001 | TX5-365-818 | 6/25/2001 |

| | | |
|----------------|--------------|------------|
| July 2001 | TX 5-398-538 | 8/13/2001 |
| August 2001 | TX 5-402-336 | 8/13/2001 |
| September 2001 | TX 5-425-346 | 10/9/2001 |
| October 2001 | TX 5-425-347 | 10/9/2001 |
| November 2001 | TX 5-526-314 | 12/10/2001 |
| December 2001 | TX 5-526-236 | 12/10/2001 |

Joe Weider's Men's fitness [the healthy man's guide to living].

| MONTH | REG. NO. | EFFECTIVE DATE |
|----------------|--------------|----------------|
| January 2002 | TX 5-510-452 | 3/15/2002 |
| February 2002 | TX 5-510-453 | 3/15/2002 |
| March 2002 | TX 5-546-201 | 4/25/2002 |
| April 2002 | TX 5-546-198 | 4/25/2002 |
| May 2002 | TX 5-546-228 | 4/25/2002 |
| June 2002 | Pending | Pending |
| July 2002 | TX 5-601-145 | 8/15/2002 |
| August 2002 | TX 5-622-144 | 8/15/2002 |
| September 2002 | Pending | Pending |
| October 2002 | Pending | Pending |
| November 2002 | Pending | Pending |
| December 2002 | Pending | Pending |

Shape: total fitness for the active woman.

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| MONTH. | REG. NO. | EFFECTIVE DATE |
|-----------|--------------|----------------|
| January | TX 1-289-185 | 2/23/1984 |
| February | TX 1-287-065 | 2/21/1984 |
| March | TX 1-286-924 | 2/21/1984 |
| April | TX 1-286-923 | 2/21/1984 |
| May | TX 1-163-874 | 6/10/1983 |
| June | TX 1-163-873 | 6/10/1983 |
| July | TX 1-135-771 | 6/13/1983 |
| August | TX 1-156-351 | 7/22/1983 |
| September | TX 1-286-921 | 2/21/1984 |
| October | TX 1-287-064 | 2/21/1984 |
| November | TX 1-208-291 | 10/17/1983 |
| December | TX 1-226-895 | 11/15/1983 |

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TRADEMARK
REEL: 002668 FRAME: 0693

Shape: total fitness for the active woman.

| MONTH. | REG. NO. | EFFECTIVE DATE |
|-----------|--------------|----------------|
| January | TX 1-247-079 | 12/13/1983 |
| February | TX 1-267-651 | 1/18/1984 |
| March | TX 1-284-651 | 2/16/1984 |
| April | TX 1-297-799 | 3/5/1984 |
| May | TX 1-323-895 | 4/20/1984 |
| June | TX 1-341-766 | 5/14/1984 |
| July | TX 1-383-926 | 6/18/1984 |
| August | TX 1-392-654 | 7/20/1984 |
| September | TX 1-441-838 | 10/9/1984 |
| October | TX 1-441-605 | 10/9/1984 |
| November | TX 1-454-222 | 11/2/1984 |
| December | TX 1-525-658 | 11/5/1984 |

Shape: total fitness for the active woman.

| MONTH. | REG. NO. | EFFECTIVE DATE |
|-----------|--------------|----------------|
| January | TX 1-480-422 | 12/10/1984 |
| February | TX 1-494-515 | 1/14/1985 |
| March | TX 1-524-401 | 2/19/1985 |
| April | TX 1-535-946 | 3/11/1985 |
| May | TX 1-581-417 | 5/2/1985 |
| June | TX 1-618-544 | 7/22/1985 |
| July | TX 1-619-084 | 7/23/1985 |
| August | TX 1-628-146 | 8/1/1985 |
| September | TX 1-640-703 | 8/22/1985 |
| October | TX 1-692-189 | 11/1/1985 |
| November | TX 1-690-182 | 11/1/1985 |
| December | TX 1-718-116 | 12/23/1985 |

Shape: total fitness for the active woman.

| MONTH. | REG. NO. | EFFECTIVE DATE |
|----------|--------------|----------------|
| January | TX 1-718-863 | 12/20/1985 |
| February | TX 1-750-389 | 2/4/1986 |
| March | TX 1-759-728 | 2/24/1986 |
| April | TX 1-804-606 | 4/25/1986 |
| May | TX 1-822-923 | 4/25/1986 |
| June | TX 1-819-534 | 5/22/1986 |
| July | TX 1-857-664 | 7/7/1986 |

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TRADEMARK
REEL: 002668 FRAME: 0694

| | | |
|-----------|--------------|------------|
| August | TX 1-876-469 | 7/21/1986 |
| September | TX 1-885-940 | 8/25/1986 |
| October | TX 1-914-412 | 9/22/1986 |
| November | TX 1-934-264 | 10/20/1986 |
| December | TX 1-948-282 | 11/28/1986 |

Shape: total fitness for the active woman.

| MONTH. | REG. NO. | EFFECTIVE DATE |
|-----------|--------------|----------------|
| January | TX 1-962-101 | 12/23/1986 |
| February | TX 1-991-131 | 1/29/1987 |
| March | TX 2-004-892 | 2/26/1987 |
| April | TX 2-030-588 | 4/3/1987 |
| May | TX 2-054-276 | 5/1/1987 |
| June | TX 2-080-187 | 6/9/1987 |
| July | TX 2-084-238 | 6/16/1987 |
| August | TX 2-113-142 | 7/27/1987 |
| September | TX 2-130-076 | 8/18/1987 |
| October | TX 2-148-293 | 9/17/1987 |
| November | TX 2-169-997 | 10/20/1987 |
| December | TX 2-201-991 | 11/23/1987 |

Shape: total fitness for the active woman.

| MONTH. | REG. NO. | EFFECTIVE DATE |
|-----------|--------------|----------------|
| January | TX 2-231-133 | 1/13/1988 |
| February | TX 2-237-185 | 1/29/1988 |
| March | TX 2-248-888 | 2/23/1988 |
| April | TX 2-290-765 | 3/31/1988 |
| May | TX 2-302-646 | 4/28/1988 |
| June | TX 2-342-670 | 6/27/1988 |
| July | TX 2-338-003 | 6/27/1988 |
| August | TX 2-374-339 | 8/12/1988 |
| September | TX 2-377-544 | 8/25/1988 |
| October | TX 2-397-148 | 9/19/1988 |
| November | TX 2-459-128 | 12/20/1988 |
| December | TX 2-458-913 | 12/20/1988 |

Shape: total fitness for the active woman.

| MONTH. | REG. NO. | EFFECTIVE DATE |
|-----------|--------------|----------------|
| January | TX 2-462-195 | 12/20/1988 |
| February | TX 2-492-301 | 1/23/1989 |
| March | TX 2-501-890 | 2/21/1989 |
| April | TX 2-531-190 | 4/17/1989 |
| May | TX 2-568-588 | 6/2/1989 |
| June | TX 2-630-938 | 8/17/1989 |
| July | TX 2-568-721 | 6/2/1989 |
| August | TX 2-600-581 | 7/17/1989 |
| September | TX 2-644-206 | 9/28/1989 |
| October | TX 2-644-207 | 9/28/1989 |
| November | TX 2-691-536 | 11/20/1989 |
| December | TX 2-690-065 | 11/20/1989 |

Shape: total fitness for the active woman.

| MONTH. | REG. NO. | EFFECTIVE DATE |
|-----------|--------------|----------------|
| January | TX 2-781-751 | 3/15/1990 |
| February | TX 2-756-855 | 2/26/1990 |
| March | TX 2-772-934 | 3/15/1990 |
| April | TX 2-850-985 | 7/1/1990 |
| May | TX 2-844-402 | 6/12/1990 |
| June | TX 2-793-297 | 6/11/1990 |
| July | TX 2-865-712 | 7/23/1990 |
| August | TX 2-862-192 | 7/20/1990 |
| September | TX 2-885-178 | 8/17/1990 |
| October | TX 2-904-055 | 9/17/1990 |
| November | TX 2-920-406 | 10/22/1990 |
| December | TX 2-935-347 | 11/20/1990 |

Shape: total fitness for the active woman.

| MONTH. | REG. NO. | EFFECTIVE DATE |
|----------|--------------|----------------|
| January | TX 2-960-808 | 12/18/1990 |
| February | TX 2-992-829 | 1/21/1991 |
| March | TX 3-031-866 | 3/8/1991 |
| April | TX 3-031-619 | 3/18/1991 |
| May | TX 3-046-321 | 4/16/1991 |

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REEL: 002668 FRAME: 0696

| | | |
|-----------|--------------|------------|
| June | TX 3-073-541 | 5/17/1991 |
| July | TX 3-092-795 | 6/17/1991 |
| August | TX 3-099-480 | 7/17/1991 |
| September | TX 3-208-179 | 8/16/1991 |
| October | TX 3-163-215 | 10/8/1991 |
| November | TX 3-162-061 | 10/21/1991 |
| December | TX 3-199-954 | 11/22/1991 |

Shape: total fitness for the active woman.

| MONTH. | REG. NO. | EFFECTIVE DATE |
|-----------|--------------|----------------|
| January | TX 3 209-778 | 12/23/1991 |
| February | TX 3-232-866 | 1/24/1992 |
| March | TX 3-256-103 | 2/18/1992 |
| April | TX 3-279-570 | 3/20/1992 |
| May | TX 3-301-395 | 4/20/1992 |
| June | TX 3-312-707 | 5/26/1992 |
| July | TX 3-328-888 | 6/15/1992 |
| August | TX 3-350-530 | 7/20/1992 |
| September | TX 3-368-915 | 8/18/1992 |
| October | TX 3-409-032 | 10/6/1992 |
| November | TX 3-409-275 | 10/19/1992 |
| December | TX 3-430-364 | 11/12/1992 |

Shape: total fitness for the active woman.

| MONTH | REG. NO. | EFFECTIVE DATE |
|-----------|--------------|----------------|
| January | TX 3 450 880 | 1/4/1993 |
| February | TX 3 460 332 | 1/19/1993 |
| March | TX 3 478 334 | 2/16/1993 |
| April | TX 3 505 267 | 3/22/1993 |
| May | TX 3 522 008 | 4/16/1993 |
| June | TX 3 576 788 | 5/21/1993 |
| July | TX 3 561 682 | 6/18/1993 |
| August | TX 3 597 768 | 7/16/1993 |
| September | TX 3 607 348 | 8/17/1993 |
| October | TX 3 689 196 | 10/1/1993 |
| November | TX 3 655 292 | 10/21/1993 |
| December | TX 3 687 289 | 11/22/1993 |

Shape: total fitness for the active woman.

| MONTH | REG. NO. | EFFECTIVE DATE |
|-----------|--------------|----------------|
| January | TX 3-781-649 | 12/21/1993 |
| February | TX 3-729-759 | 1/28/1994 |
| March | TX 3-755-266 | 2/23/1994 |
| April | TX 3-670-750 | 3/25/1994 |
| May | TX 3-831-670 | 5/3/1994 |
| June | TX 3-831-938 | 6/14/1994 |
| July | TX 3-837-803 | 6/27/1994 |
| August | TX 3-904-134 | 7/25/1994 |
| September | TX 3-910-388 | 9/19/1994 |
| October | TX 3-673-112 | 10/24/1994 |
| November | TX 3-931-116 | 10/24/1994 |
| December | TX 3-967-187 | 1/11/1995 |

Shape: total fitness for the active woman.

| MONTH. | REG. NO. | EFFECTIVE DATE |
|-----------|--------------|----------------|
| January | TX 3 967 186 | 1/11/1995 |
| February | TX 4 016 314 | 2/28/1995 |
| March | TX 4 018 288 | 4/12/1995 |
| April | TX 4 019 286 | 4/12/1995 |
| May | TX 4 040 535 | 5/1/1995 |
| June | TX 4 067 966 | 6/19/1995 |
| July | TX 4 067 248 | 6/26/1995 |
| August | TX 4 073 730 | 7/24/1995 |
| September | TX 4 135 429 | 9/1/1995 |
| October | TX 4 126 394 | 10/5/1995 |
| November | TX 4 156 858 | 10/19/1995 |
| December | TX 4 156 618 | 11/27/1995 |

Shape: total fitness for the active woman.

| MONTH. | REG. NO. | EFFECTIVE DATE |
|----------|--------------|----------------|
| January | TX 4-191-712 | 1/11/1996 |
| February | TX 4-263-246 | 3/7/1996 |
| March | TX 4-199-469 | 2/27/1996 |
| April | TX 4-263-168 | 4/8/1996 |
| May | TX 4-276-753 | 5/10/1996 |
| June | TX 4-275-439 | 5/24/1996 |
| July | TX 4-300-499 | 6/17/1996 |

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TRADEMARK
REEL: 002668 FRAME: 0698

| | | |
|-----------|--------------|------------|
| August | TX 4-319-738 | 7/26/1996 |
| September | TX 4-328-181 | 8/19/1996 |
| October | TX 4-349-817 | 9/27/1996 |
| November | TX 4-357-297 | 10/21/1996 |
| December | TX 4-390-642 | 12/3/1996 |

Shape: total fitness for the active woman.

| MONTH. | REG. NO. | EFFECTIVE DATE |
|-----------|--------------|----------------|
| January | TX 4-398-762 | 1/3/1997 |
| February | TX 4-415-553 | 1/27/1997 |
| March | TX 4-431-284 | 2/18/1997 |
| April | TX 4-473-872 | 3/31/1997 |
| May | TX 4-448-386 | 4/21/1997 |
| June | TX 4-485-453 | 5/22/1997 |
| July | TX 4-511-906 | 6/20/1997 |
| August | TX 4-515-450 | 7/21/1997 |
| September | TX 4-534-001 | 8/25/1997 |
| October | TX 4-561-674 | 10/17/1997 |
| November | TX 4-574-362 | 11/3/1997 |
| December | TX 4-584-940 | 12/2/1997 |

Shape: total fitness for the active woman.

| MONTH. | REG. NO. | EFFECTIVE DATE |
|-----------|--------------|----------------|
| January | TX 4-603-926 | 12/23/1997 |
| February | TX 4-616-588 | 2/2/1998 |
| March | TX 4-629-516 | 3/2/1998 |
| April | TX 4-697-800 | 5/21/1998 |
| May | TX 4-694-463 | 5/11/1998 |
| June | TX 4-697-799 | 5/21/1998 |
| July | TX 4-717-470 | 6/19/1998 |
| August | TX 4-738-033 | 7/22/1998 |
| September | TX 4-840-306 | 2/2/1999 |
| October | TX 4-763-377 | 9/22/1998 |
| November | TX 4-798-900 | 11/18/1998 |
| December | TX 4-798-874 | 11/18/1998 |

Shape: total fitness for the active woman.

| MONTH. | REG. NO. | EFFECTIVE DATE |
|-----------|--------------|----------------|
| January | TX 4-819-894 | 12/22/1998 |
| February | TX 4-821-795 | 1/15/1999 |
| March | TX 4-841-108 | 2/8/1999 |
| April | TX 4-859-563 | 3/22/1999 |
| May | TX 4-895-992 | 4/26/1999 |
| June | TX 4-912-644 | 5/18/1999 |
| July | TX 4-948-974 | 7/26/1999 |
| August | TX 4-948-951 | 7/23/1999 |
| September | TX 4-952-055 | 8/9/1999 |
| October | TX 4-995-666 | 10/6/1999 |
| November | TX 4-986-126 | 11/8/1999 |
| December | TX 5-039-900 | 12/27/1999 |

Shape: total fitness for the active woman.

| MONTH. | REG. NO. | EFFECTIVE DATE |
|-----------|--------------|----------------|
| January | TX 5-049-017 | 1/24/2000 |
| February | TX 5-070-693 | 1/31/2000 |
| March | TX 5-139-801 | 3/9/2000 |
| April | TX 5-088-850 | 4/26/2000 |
| May | TX 5-088-864 | 4/26/2000 |
| June | TX 5-097-708 | 5/22/2000 |
| July | TX 5-011-383 | 6/28/2000 |
| August | TX-5-159-562 | 8/31/2000 |
| September | TX 5-170-439 | 9/12/2000 |
| October | TX 5-202-382 | 11/13/2000 |
| November | TX 5-224-664 | 11/21/2000 |
| December | TX 5-228-967 | 12/19/2000 |

Shape: total fitness for the active woman.

| MONTH. | REG. NO. | EFFECTIVE DATE |
|-----------|--------------|----------------|
| January | TX 5-282-329 | 2/27/2001 |
| February | TX 5-255-433 | 2/26/2001 |
| March | TX 5-273-706 | 2/26/2001 |
| April | TX 5-298-630 | 4/6/2001 |
| May | TX 5-311-159 | 5/14/2001 |
| June 2001 | TX 5-362-730 | 6/25/2001 |

| | | |
|--|--------------|------------|
| July 2001 | TX 5-402-333 | 8/13/2001 |
| August 2001 | TX 5-402-014 | 8/13/2001 |
| September 2001 | TX 5-420-948 | 10/9/2001 |
| October 2001 | TX 5-512-884 | 3/18/2002 |
| November 2001 | TX 5-558-017 | 4/25/2002 |
| Special Issue: Shape Presents Fit Hollywood | TX 5-580-898 | 12/14/2001 |
| December 2001 | TX5 531-220 | 12/27/2001 |

Shape: total fitness for the active woman.

| MONTH. | REG. NO. | EFFECTIVE DATE |
|----------------|--------------|----------------|
| January 2002 | TX 5-513-986 | 3/18/2002 |
| February 2002 | TX 5-549-799 | 4/25/2002 |
| March 2002 | TX 5-549-806 | 4/25/2002 |
| April 2002 | TX 5-549-846 | 4/25/2002 |
| May 2002 | TX5-593-711 | 8/15/2002 |
| June 2002 | TX 5-593-381 | 8/14/2002 |
| July 2002 | TX 5-593-380 | 8/14/2002 |
| August 2002 | TX 5-593-709 | 8/15/2002 |
| September 2002 | TX 5-613-593 | 10/10/2002 |
| October 2002 | Pending | Pending |
| November 2002 | Pending | Pending |
| December 2002 | Pending | Pending |

Shape presents fit pregnancy.

Copyright Registrations

| MONTH | REG. NO. | EFFECTIVE DATE |
|-------------|--------------|----------------|
| Spring 1995 | TX 4 020 461 | 4/12/1995 |
| Spring 1994 | TX 4 199 427 | 2/20/1996 |
| Winter 1995 | TX 4 073 258 | 2/15/1996 |

Shape presents fit pregnancy.

| MONTH. | REG. NO. | EFFECTIVE DATE |
|-------------|--------------|----------------|
| Summer 1996 | TX 4-295-718 | 4/3/1996 |
| Fall 1996 | | |
| Winter 1996 | TX 4-351-234 | 10/7/1996 |

Shape presents fit pregnancy.

| MONTH. | REG. NO. | EFFECTIVE DATE |
|--------------------|--------------|----------------|
| Spring 1997 | TX 4-431-995 | 2/10/1997 |
| Summer 1997 | TX 4-482-476 | 5/1/1997 |
| Fall 1997 | TX 4-515-447 | 7/21/1997 |
| Special Issue 1997 | TX 4-548-118 | 9/25/1997 |
| Winter 1997 | TX 4-571-382 | 11/3/1997 |

Shape presents fit pregnancy.

| MONTH. | REG. NO. | EFFECTIVE DATE |
|-------------|--------------|----------------|
| Spring 1998 | TX 4-616-742 | 1/30/1998 |
| Summer 1998 | TX 4-661-176 | 4/20/1998 |
| Fall 1998 | TX 4-803-502 | 7/30/1998 |
| Winter 1998 | TX 4-798-506 | 11/16/1998 |

Shape presents fit pregnancy.

| MONTH. | REG. NO. | EFFECTIVE DATE |
|-------------|--------------|----------------|
| Spring 1999 | TX 4-832-675 | 1/19/1999 |
| Summer 1999 | TX 4-890-012 | 4/19/1999 |
| Fall 1999 | TX 4-948-949 | 7/26/1999 |
| Winter 1999 | TX 5-018-701 | 11/8/1999 |

Shape presents fit pregnancy.

| MONTH. | REG. NO. | EFFECTIVE DATE |
|-----------------------|--------------|----------------|
| February/March 2000 | TX 5-062-416 | 2/7/2000 |
| April/May 2000 | TX 5-088-866 | 4/26/2000 |
| June/July 2000 | TX 5-131-387 | 6/30/2000 |
| August/September 2000 | TX 5-159-462 | 8/31/2000 |
| October/November 2000 | TX 5-197-390 | 11/13/2000 |

Shape presents fit pregnancy.

| MONTH. | REG. NO. | EFFECTIVE DATE |
|-----------------------|--------------|----------------|
| December/January 2001 | TX 5-233-900 | 12/19/2000 |
| February/March 2001 | TX 5-273-705 | 2/26/2001 |
| April/May 2001 | TX 5-299-648 | 4/6/2001 |
| June/July 2001 | TX 5-365-601 | 6/25/2001 |
| August/September 2001 | TX 5-402-013 | 8/13/2001 |

| | | |
|----------------------------|--------------|------------|
| October/November 2001 | TX5-532-755 | 10/15/2001 |
| Special Issue | TX 5-425-348 | 10/9/2001 |
| December 2001/January 2002 | TX 5-549-868 | 12/14/2001 |

Shape presents fit pregnancy.

| MONTH. | REG. NO. | EFFECTIVE DATE |
|----------------------------|--------------|----------------|
| February/March 2002 | TX 5-510-449 | 3/18/2002 |
| April/May 2002 | TX 5-546-199 | 4/25/2002 |
| June/July 2002 | TX 5-593-382 | 8/14/2002 |
| August/September 2002 | TX 5-593-710 | 8/15/2002 |
| October/November 2002 | Pending | Pending |
| December 2002/January 2003 | Pending | Pending |

Living fit: a guide to fitness at any age.
Copyright Registrations

| MONTH. | REG. NO. | EFFECTIVE DATE |
|--------------|--------------|----------------|
| Winter, 1994 | TX 3 917 685 | 10/19/1994 |

Living fit: a guide to fitness at any age.

| MONTH. | REG. NO. | EFFECTIVE DATE |
|--------------|--------------|----------------|
| Fall, 1995 | TX 4 212 819 | 2/20/1996 |
| Summer, 1995 | TX 4 282 413 | 6/10/1996 |
| Winter, 1995 | TX 4 222 503 | 2/16/1996 |

Living fit: a guide to fitness at any age.

| MONTH. | REG. NO. | EFFECTIVE DATE |
|-------------------|--------------|----------------|
| January/February | TX 4-273-092 | 4/30/1996 |
| March/April | TX 4-215-004 | 5/1/1996 |
| May/June | TX 4-257-604 | 5/8/1996 |
| July/August | TX 4-300-380 | 7/3/1996 |
| September/October | TX 4-318-210 | 8/30/1996 |
| November/December | TX 4-362-183 | 11/1/1996 |

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REEL: 002668 FRAME: 0703

Living fit: a guide to fitness at any age.

| MONTH. | REG. NO. | EFFECTIVE DATE |
|-------------------|--------------|----------------|
| January/February | TX 4-415-654 | 1/27/1997 |
| March | TX 4-436-971 | 3/5/1997 |
| April | TX 4-457-985 | 3/31/1997 |
| May | TX 4-086-464 | 5/5/1997 |
| June | TX 4-490-776 | 6/9/1997 |
| July | TX 4-505-823 | 7/7/1997 |
| August | TX 4-533-695 | 8/25/1997 |
| September | TX 4-533-949 | 9/3/1997 |
| October | TX 4-557-705 | 10/6/1997 |
| November/December | TX 4-571-385 | 11/3/1997 |

Living fit: a guide to fitness at any age.

| MONTH. | REG. NO. | EFFECTIVE DATE |
|------------------|--------------|----------------|
| January/February | TX 4-611-523 | 1/15/1998 |
| March | TX 4-629-520 | 3/2/1998 |
| April | TX 4-654-105 | 3/30/1998 |
| May | TX 4-668-556 | 5/8/1998 |
| June | TX 4-699-651 | 6/5/1998 |
| July/August | TX 4-722-994 | 7/6/1998 |

Shape Cooks: the guide to healthy eating.

**COPYRIGHT REGISTRATIONS
1996**

Shape Cooks: the guide to healthy eating.

| MONTH. | REG. NO. | EFFECTIVE DATE |
|-------------|--------------|----------------|
| Summer 1996 | TX 4-286-050 | 6/6/1996 |

Shape Cooks: the guide to healthy eating.

| MONTH. | REG. NO. | EFFECTIVE DATE |
|-------------|--------------|----------------|
| Spring 1997 | TX 4-436-598 | 2/25/1997 |
| Summer 1997 | TX 4-492-384 | 6/12/1997 |
| Fall 1997 | TX 4-533-959 | 9/3/1997 |
| Winter 1997 | TX 4-579-468 | 11/10/1997 |

Shape Cooks: the guide to healthy eating.

| MONTH. | REG. NO. | EFFECTIVE DATE |
|-------------|--------------|----------------|
| Spring 1998 | TX 4-616-738 | 1/30/1998 |
| Summer 1998 | TX 4-694-467 | 5/11/1998 |
| Fall 1998 | TX 4-753-854 | 8/14/1998 |
| Winter 1998 | TX-4-796-981 | 11/16/1998 |

Jump: for girls who dare to be real.**COPYRIGHT REGISTRATIONS**

| MONTH. | REG. NO. | EFFECTIVE DATE |
|-------------------|--------------|----------------|
| September/October | TX 4-534-149 | 9/2/1997 |
| November/December | TX 4-555-246 | 10/14/1997 |

Jump: for girls who dare to be real.

| MONTH. | REG. NO. | EFFECTIVE DATE |
|------------------|--------------|----------------|
| January/February | TX 4-603-923 | 12/23/1997 |
| March | TX 4-629-559 | 3/2/1998 |
| April | TX 4-645-442 | 3/18/1998 |
| May | TX 4-683-261 | 4/20/1998 |
| June | TX 4-694-604 | 5/21/1998 |
| July | TX-4-754-725 | 6/19/1998 |
| August | TX 4-723-124 | 7/20/1998 |
| September | TX-4-753-848 | 8/17/1998 |
| October/November | TX-4-768-485 | 9/14/1998 |
| December | TX-4-798-542 | 11/16/1998 |

Jump: for girls who dare to be real.

| MONTH. | REG. NO. | EFFECTIVE DATE |
|------------------|--------------|----------------|
| January/February | TX 4-819-893 | 9/2/1999 |
| March | TX 4-841-107 | 2/8/1999 |
| April | TX 4-849-342 | 3/4/1999 |
| May | TX 4-885-279 | 4/19/1999 |
| June/July | TX 4-981-541 | 5/18/1999 |
| August | TX 4-940-773 | 7/13/1999 |
| September | TX 4-956-307 | 8/9/1999 |
| October/November | TX 4-995-321 | 10/4/1999 |

Jump: for girls who dare to be real.

| MONTH. | REG. NO. | EFFECTIVE DATE |
|-------------------------------------|--------------|----------------|
| December 1999/January/February 2000 | TX 5-039-653 | 12/23/1999 |
| March | TX 5-052-487 | 2/8/2000 |
| April | TX 5-063-029 | 3/13/2000 |
| May | TX 5-088-863 | 4/26/2000 |
| June/July | TX 5-096-785 | 5/22/2000 |
| August | TX 5-159-557 | 8/31/2000 |
| September | TX 5-171-223 | 9/11/2000 |
| October | TX 5-197-392 | 11/13/2000 |
| November/December 2000/January 2001 | TX 5-239-280 | 11/21/2000 |

Jump: for girls who dare to be real.

| MONTH. | REG. NO. | EFFECTIVE DATE |
|----------------|--------------|----------------|
| February/March | TX 5-262-990 | 2/27/2001 |
| Spring 2001 | TX 5-298-620 | 4/6/2001 |

Muscle & Fitness Hers.**COPYRIGHT REGISTRATIONS**

| MONTH. | REG. NO. | EFFECTIVE DATE |
|-------------|--------------|----------------|
| Spring 2000 | TX 5-059-501 | 2/7/2000 |
| Summer 2000 | TX 5-097-154 | 5/22/2000 |
| Fall 2000 | TX-5-159-408 | 8/30/2000 |
| Winter 2000 | TX-5-210-520 | 11/20/2000 |

Muscle & Fitness Hers.

| MONTH. | REG. NO. | EFFECTIVE DATE |
|----------------------------|--------------|----------------|
| February/March 2001 | TX 5-273-497 | 2/23/2001 |
| April/May 2001 | TX 5-307-244 | 4/5/2001 |
| June/July 2001 | TX 5-365-600 | 6/25/2001 |
| August/September 2001 | TX 5-402-338 | 8/13/2001 |
| October/November 2001 | TX 5-425-345 | 10/9/2001 |
| December 2001/January 2002 | TX5-531-274 | 12/10/2001 |

Muscle & Fitness Hers.

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REEL: 002668 FRAME: 0706

| MONTH. | REG. NO. | EFFECTIVE DATE |
|---|--------------|----------------|
| February/March 2002 | TX 5-510-450 | 3/18/2002 |
| April/May 2002 | TX 5-546-229 | 4/25/2002 |
| June 2002 | TX 5-546-230 | 4/25/2002 |
| July 2002 | Pending | Pending |
| August/September 2002 | Pending | Pending |
| October/November 2002 | Pending | Pending |
| December 2002 | Pending | Pending |
| Special Issue: Muscle & Fitness Hers Weight Loss That Works | Pending | Pending |

**Natural health: the guide to well being.
Copyright Registrations
volume 22**

| Month | Registration Number | Effective Date |
|-------|---------------------|----------------|
| NO. 1 | TX 3-375-599 | 8/24/1992 |
| NO. 2 | TX 3-375-434 | 8/24/1992 |
| NO. 3 | TX 3-375-598 | 8/24/1992 |
| NO. 4 | TX 3-375-596 | 8/24/1992 |
| NO. 5 | TX 3-486-666 | 2/16/1993 |
| NO. 6 | TX 3-486-662 | 2/16/1993 |

**Natural health: the guide to well being.
volume 23**

| Month | Registration Number | Effective Date |
|-------|---------------------|----------------|
| NO. 1 | TX 3-486-667 | 2/16/1993 |
| NO. 2 | TX 3-563-083 | 7/9/1993 |
| NO. 3 | TX 3-563-085 | 7/9/1993 |
| NO. 4 | TX 3-563-084 | 7/9/1993 |
| NO. 5 | TX 3-785-756 | 3/16/1994 |
| NO. 6 | TX 3-785-754 | 3/16/1994 |

**Natural health: the guide to well being.
volume 24**

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REEL: 002668 FRAME: 0707

| Month | Registration Number | Effective Date |
|-------|---------------------|----------------|
| NO. 1 | TX 3-785-755 | 3/16/1994 |
| NO. 5 | TX 4-006-483 | 3/27/1995 |
| NO. 6 | TX 4-006-481 | 3/27/1995 |

**Natural health: the guide to well being.
volume 25**

| Month | Registration Number | Effective Date |
|-------|---------------------|----------------|
| NO. 1 | TX 4-006-480 | 3/27/1995 |
| NO. 2 | TX 4-006-482 | 3/27/1995 |

Natural Health Magazine.

| Month | Registration Number | Effective Date |
|------------------------|---------------------|----------------|
| November/December 1998 | TX 4-815-677 | 12/14/1998 |
| January/February 1999 | TX 4-815-775 | 12/15/1998 |
| March 1999 | TX 4-840-786 | 2/19/1999 |
| April 1999 | TX 4-874-598 | 3/25/1999 |
| May 1999 | TX 4-931-205 | 5/4/1999 |
| June 1999 | TX 4-911-938 | 5/19/1999 |
| July/August 1999 | TX 4-960-232 | 6/8/1999 |
| September 1999 | TX 4-956-870 | 8/11/1999 |
| October 1999 | TX 5-015-274 | 10/28/1999 |
| November/December 1999 | TX 5-020-500 | 10/27/1999 |

Natural Health Magazine.

| Month | Registration Number | Effective Date |
|-----------------------|---------------------|----------------|
| January/February 2000 | TX 5-058-896 | 2/18/2000 |
| March 2000 | TX 5-058-895 | 2/18/2000 |
| April 2000 | TX 5-076-570 | 4/3/2000 |
| May 2000 | TX 5-089-139 | 4/26/2000 |
| June 2000 | TX 5-127-535 | 6/27/2000 |
| July/August 2000 | TX 5-127-828 | 7/5/2000 |
| September 2000 | TX 5-118-184 | 8/22/2000 |

| | | |
|------------------------|--------------|-----------|
| October 2000 | TX 5-178-016 | 9/28/2000 |
| November/December 2000 | TX 5-205-286 | 11/8/2000 |

Natural Health Magazine.

| Month | Registration Number | Effective Date |
|-----------------------|---------------------|----------------|
| January/February 2001 | TX 5-242-865 | 1/12/2001 |
| March 2001 | TX 5-263-356 | 2/27/2001 |
| April 2001 | TX 5-306-774 | 3/29/2001 |
| May/June 2001 | TX 5-325-514 | 5/2/2001 |
| July 2001 | TX 5-385-869 | 7/16/2001 |
| August 2001 | TX 5-415-643 | 9/18/2001 |
| September 2001 | TX 5-415-707 | 9/26/2001 |
| October/November 2001 | TX 5-417-118 | 10/9/2001 |
| December 2001 | TX 5-449-901 | 12/26/2001 |

Natural Health Magazine.

| | | |
|-----------------------|--------------|-----------|
| January/February 2002 | TX 5-486-398 | 1/25/2002 |
| March 2002 | TX 5-517-076 | 4/22/2002 |
| April 2002 | TX 5-530-767 | 5/20/2002 |
| May/June 2002 | TX 5-548-782 | 6/13/2002 |
| July 2002 | TX 5-574-639 | 7/22/2002 |
| August 2002 | TX 5-611-763 | 10/1/2002 |
| September 2002 | Pending | Pending |
| October/November 2002 | Pending | Pending |
| December 2002 | Pending | Pending |

LICENSES

License Agreement

Weider Publications, LLC Contracts

| Licensee | Rights Granted | Magazines | Expiration / Auto Renewal |
|--|---|--|--|
| Rafael Santonja Gomez | Spain, Latin America, Portugal | <i>Muscle and Fitness, Flex</i> | <i>Muscle and Fitness</i> : 9/9/2006, no automatic renewal <i>Flex</i> : 1/31/2003, with automatic renewals for 1 year periods. |
| I.L.C. Trade Company | Ukraine | <i>Muscle and Fitness, Flex</i> | 2/28/2001 (was renewed verbally) |
| Marquand Media AG | Poland, Hungary, Czech Republic, Slovakia and Romania | <i>Shape, Fit Pregnancy, Men's Fitness</i> | March 25, 2010, two additional 10 year periods with written notice |
| Marquand Media AG | Germany, Switzerland, Austria | <i>Shape, Fit Pregnancy, Men's Fitness</i> | May 25, 2010, two additional 10 year periods with written notice |
| Attica Publications | Greece | <i>Shape, Shape Cooks, Fit Pregnancy, Living Fit</i> | May 4, 2004, additional 4 year period with written notice |
| Nutra-Life Health & Fitness Australia PTY Ltd | Australia, New Zealand | <i>Muscle and Fitness, Flex</i> | Until terminated by Nutra-Life |
| Ideas Publishing Group LLC | Latin America | <i>Men's Fitness</i> | 12/31/2009, with additional 10 year period with written notice |
| ZAO (Closed Stock Company) "Veneto" | Russia | <i>Natural Health</i> | 12/31/2003 with additional 3 year period with written notice |
| ZAO (Closed Stock Company) "Veneto" | Russia | <i>Shape, Shape Fit Hollywood</i> | 12/31/2003 with additional 3 year period with written notice |
| SK Press | Russia | <i>Men's Fitness</i> | 12/31/2006 with additional 5 year period with written notice |
| Beijing Golden Circle Culture Publication Co. (unsigned) | China | <i>Muscle and Fitness</i> | 24 months after publication of first issue |
| Petros Politis Fitness Company | Greece, Cyprus | <i>Flex</i> | 3/31/2003, with additional 1 year period at Weider's discretion |
| Hong Y.P. Body Building Institute (unsigned) | South Korea | <i>Muscle and Fitness</i> | 4/30/2003, with additional 1 year period at Weider's discretion |
| Company 000 Sila I Krasota (unsigned) | Commonwealth of Independent States | <i>Muscle and Fitness</i> | 1/31/2003 |
| Company 000 Sila I Krasota (unsigned) | Commonwealth of Independent States | <i>Muscle and Fitness Hers</i> | 2/28/2003, with additional 1 year periods at Weider's discretion |
| Fit Plus spol. sr. o (unsigned) | Czech and Slovak Republics | <i>Muscle and Fitness</i> | 5/31/2003, with additional 1 year period at Weider's discretion |
| Ideas Publishing Group LLC | Spanish-language in United States | <i>Men's Fitness</i> | 12/31/2009, with additional 10 year period with written notice |
| Dennis Publishing Ltd. (signed by only one party) | United Kingdom and Ireland | <i>Shape, Men's Fitness</i> | 12/31/2010, with additional 5 year period with written notice |
| Hachette Filipacchi S.A. (unsigned) | Spain | <i>Shape</i> | 12/31/2006, with two additional 5 year periods |

| Licensee | Rights Granted | Magazines | Expiration / Auto Renewal |
|---|--|--|---|
| Gale Group, Inc. | Worldwide non-exclusive syndication rights | <i>Flex, Fit Pregnancy, Fit Pregnancy in Espanol, Men's Fitness, Muscle and Fitness, Muscle and Fitness/Hers, Natural Health and Shape</i> | 8/31/2004, with additional 3 year periods unless terminated |
| EBSCO Publishing | Worldwide non-exclusive syndication rights | <i>Flex, Fit Pregnancy, Fit Pregnancy en Espanol, Men's Fitness, Muscle and Fitness, Muscle and Fitness/Hers, Natural Health and Shape</i> | 9/23/2004, with additional 1 year periods unless terminated |
| ProQuest Information and Learning Company | Academic non-exclusive syndication rights | <i>Flex, Fit Pregnancy, Fit Pregnancy en Espanol, Men's Fitness, Muscle and Fitness, Muscle and Fitness/Hers, Natural Health and Shape</i> | After three years, with additional 3 year periods unless terminated |
| Wilton Publishing, LLC | Non-exclusive syndication rights in Marriott hotels | Weider editorial material (no graphics or images) | June 4, 2004 |
| Reprint Management Services | Exclusive reprint rights for U.S. issues published after November 8, 2000 | <i>Flex, Fit Pregnancy, Fit Pregnancy en Espanol, Men's Fitness, Muscle and Fitness, Muscle and Fitness/Hers, Natural Health and Shape</i> | Until terminated by Weider Publications, LLC |
| Gym Pro Shop, Inc. | Non-exclusive right to use trademarks for apparel products and accessories | Trademarks: <i>Muscle and Fitness, Flex, Muscle and Fitness Hers and Men's Fitness</i> | 4/4/2004, with additional one year periods unless terminated |

Weider Publications, LLC Agreements

Publishing Agreement dated August 2, 2000 with Shape S.A. (Proprietary) Ltd. to create a joint venture to publish English-language editions of *Shape* and *Fit Pregnancy* in South Africa, Namibia, Angola, Zimbabwe, Mozambique, Lesotho, Swaziland, Zambia, Malawi and Tanzania, and to maintain the *Shape* trademark in those countries, amended on August 2, 2000.

Letter Agreement dated September 11, 2000 with Ben Weider concerning the rights to publish Chinese and Korean editions of *Muscle and Fitness* and the Romanian edition of *Flex*.

Letter Agreement dated March 26, 2001 with Ben Weider concerning the right to publish an Arabic-language edition of *Muscle and Fitness*.

License Agreement dated June 1, 2001 with Philip Lief Group, Inc. for the creation and publication of a series of books.

License Agreement dated April 28, 2000 with Philip Lief Group, Inc. for the creation and publication of a series of books bearing the *Natural Health* logo.

License Agreement that expires September 30, 2002 (with unsigned extension) with Danskin, Inc. for the sponsorship of a Women's Triathlon Series with promotional rights for the Shape brand.

Strategic Affiliation Agreement dated May 13, 1999 with eStyle, Inc. whereby readers of *Fit Pregnancy* and the *Fit Pregnancy* website will be exclusively directed to the Babystyle website for on-line maternity-related product needs.

**Schedule IV to
Supplement No. 4
to the Security Agreement**

PATENTS

NONE

TRADEMARKS

Trademarks held by Weider Publications, LLC and SYL Communications attached hereto.